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The technical development and application of a recirculating aquaculture respirometer system (RARS) for fish metabolism studies

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GENERAL INTRODUCTION

1 Aquaculture systems

In general the methods of aquaculture are differentiated by the type of water supply: ponds, flow-through systems, net cages and recirculating aquaculture systems (RAS). Ponds are usually artificially built, stocked moderately with fish or other animals. They are exposed to the outside conditions and changes due to the environment are difficult to compensate. Flowthrough systems like tanks or channels can use river, lake or sea water directly. Stocking densities can be much higher compared to pond production. Influence on the water quality is not possible without high effort. Within these housing channels and tanks a water quality gradient can occur (Borges et al., 2012) and after passing the environment can be severely polluted by feed residues and metabolites. Net cages are used directly in lakes or coastal areas at usually high stocking densities. The net cage production is highly influenced by the surrounding conditions whereas the impact on the environment is comparable to flow-through systems. RAS are production systems in which the production water is biologically and mechanically cleaned with a daily water exchange of usually <10% of the RAS volume. RAS are completely independent from the environment due to technically controlled housing conditions and can achieve high stocking densities (Bostock et al., 2010; Timmons and Ebeling, 2010). The need of suitable water supply, waste water problems, varying production conditions during the year (Enders and Boisclair, 2016) including natural hazards can be reduced with an RAS. Environmental conditions can be held almost constant within a certain range but this requires suitable technology, energy supply and qualified employees.

The most challenging aspects in aquacultural research are: water quality and quantity, feed, diseases, animal welfare and energy demand (Bostock et al., 2010; Boyd and Tucker, 2012; Noble et al., 2012; Summerfelt, 2015; Terjesen et al., 2013; Timmons and Ebeling, 2010).

These variables apply to all aquaculture methods but with slightly different proportions of importance. For all intensive aquaculture production methods a huge industry and many scientists were developing new and innovative technologies that keep aquaculture water as the most important variable in a good state for production purpose (Dalsgaard, 2013; Murray et al., 2014). New online measuring techniques for toxic or other dissolved substances and computer development make it possible to monitor certain water variables online continuously and remotely (Terjesen et al., 2013). Dissolved substances in the rearing water can negatively influence animals either acutely or chronically. In the former, farmers must react immediately to limit damages (Wuertz et al., 2013) whereas in the latter (Moran and Støttrup, 2011) problems may not be recognized, ignored or will be discovered with delay with large consequences. Due to high stocking densities and high feeding rates metabolite accumulation and oxygen depletion, sometimes in combination with suboptimal temperatures, are the main reasons for chronic stress in fish aquaculture. Long-term suboptimal water quality usually firstly decreases feed intake (Wang et al., 2009) resulting in reduced growth. The impact of growth reduction correlates with the intensity of the environmental challenge. The water quality as a key factor gives direct feedback to all the mentioned variables above. Consequently the water monitoring with stable online measuring technology can help to avoid physiologically challenging conditions mostly initiated by fish and bacteria metabolism in RAS and as a conglomerate of environmental factors and fish metabolism in intensive production systems like flow-through systems or net cages.

2 Fish metabolism

The stable monitoring systems observe mainly water quality variables that influenced by the fish metabolism. Metabolism is in the broadest sense all the chemical reactions that occur in an organism (Randall et al., 2002). Energy in natural science is generally the ability of a body or system to perform work. Work must always be done when a body is moved over a certain distance (Beinbrech and Penzlin, 2005). Metabolism consists of three components: I. "catabolism" where organic molecules are converted by releasing energy, II. "anabolism" where organic molecules are synthesized consuming energy, and III. "intermediary metabolism" which is used for building or degrading of transitional molecules (Palstra and Planas, 2012). Nearly all living aerobic animals use the same central metabolic pathways to provide the general energy source ATP (adenosine triphosphate) (Jobling, 1994). The "input" or "resources" to power an aerobic organism are feed and oxygen (O_2) (Eq. 0). The energy sources of ingested feed were converted in oxidative degradation to dischargeable "waste metabolites", water and usable energy. Waste metabolites in mainly ammonotelic fish are carbon dioxide (CO₂) and ammonia (NH₃). However fish generate a minor fraction of urea (~10-15%) additional to a tiny proportion of other nitrogen waste end products in catabolism (Dosdat et al., 1995; Dosdat et al., 1996; France and Kebreab, 2008; Kajimura et al., 2004).

Feed +
$$O_2 = CO_2$$
 + Nitrogen endproducts (e.g. NH_3) + H_2O + Energy (0)

Physiologists can use the information about the input and output variables to evaluate diet processing. The resource feed will be divided into three "primary energy sources", also called "macro nutrients" or "metabolic fuels (MBF)" (Alsop and Wood, 1997; Lauff and Wood, 1996a, b, 1997). Digestion breaks down the MBF carbohydrates, lipids and proteins using different metabolic pathways to small molecules like mono- and disaccharides, fatty acids,

amino acids and di- and tri-peptides. This happens in the intermediary metabolism so that these molecules can be introduced into a central cascade of energy-releasing catabolism (Fig. 1) which includes three sub-processes: glycolysis, the citric acid cycle and the electron transport chain (Müller and Frings, 2009).



Fig. 1: Central cascade of catabolic metabolism of ammonotelic animals; the minor fraction of additional nitrogen waste products are not shown (changed to Müller and Frings, 2009).

Catabolic use of the primary energy sources (MBF) lead to different proportions of consumed and produced molecules (Jobling, 1994). The catabolic proportions of lipids, proteins and carbohydrates of a diet can be evaluated by using the so called "instantaneous method" (Lauff and Wood, 1996a, b, 1997; Magnoni et al., 2013). Here moles of CO₂ or nitrogen waste products produced (Eq. 0) are normalised to moles of O₂ consumed which is called respiratory quotient or nitrogen quotient, respectively (Alsop and Wood, 1997). However since the late 1990s the metabolic fuel evaluation by the "instantaneous method" introduced for fish physiology by (Alsop and Wood, 1997; Kiffer et al., 1998; Lauff and Wood, 1996a, b ,1997; Sanz Rus et al., 2000) has not made any significant progress (Magnoni et al., 2013), probably due to difficulties in the precise measurement of the water chemistry.

3 Respirometry

Precise metabolic flux data measurements can be used in special facilities to generate information additional to monitoring thresholds for metabolite accumulation. Measurements of catabolic activity can be done indirectly by quantifying the metabolic flux non-invasively (Gnaiger, 1983; Lampert, 1984) by measuring the gas exchange. This procedure is called respirometry (Lampert, 1984) and can be performed using three methods: "closed", "intermittent flow" and "flow-through" respirometry (Steffensen, 1989).

For closed respirometry a single aquatic animal is placed into a usually small container which is atmospherically closed with no water exchange. The concentration of oxygen or metabolites is measured before the animal is placed into the container and again after a certain time interval. From the difference the corresponding metabolic rate can be calculated. Due to metabolite accumulation, oxygen depletion and possible handling stress of the animal in the container, closed respirometry is not used anymore.

Flow-through respirometry consists of metabolite concentration measurements at the inflow and outflow of a rearing tank with measuring equipment (respirometer) combined with the water flow rate and tank volume resulting in a mass balance calculation to determine metabolic rates (Ege and Krogh, 1914). Flow-through respirometry can be done continuously and without disturbances for the simulation of fish production conditions (Remen et al., 2013).

Intermittent flow respirometry is a mixture of closed and flow-through respirometry (Svendsen et al., 2016). Such systems are programmed to alternate flushing and closing the oxygenated water supply. The concentration differences between the beginning and the end of each closed interval are used for calculating metabolic rates (Steffensen, 1989). Intermittent flow respirometry is normally used for basic physiological studies (Chabot et al., 2016) and not for experiments comparable to culture conditions where flow-through respirometry is

usually used (Lupatsch et al., 2010) Respirometry under aquaculture like conditions (Lupatsch et al., 2010) is rarely practiced compared to basic physiological research (Nelson, 2016).

In addition to the examination of metabolic fuel use, another useful application of respirometry is the quantification of CO_2 and NH_3 excretion, which is important in recirculation systems where CO_2 needs to be mechanically off-gassed and NH_3 needs to be metabolized in biofilters to maintain water quality. Knowledge of the CO_2 and NH_3 excretion rate can assist sizing of degassing and biofiltration units (Terjesen et al., 2013). The development of large prototype computer controlled RARS for doing physiological studies under culture-like conditions is limited to research institutions at the moment (Sanz Rus et al., 2000; Skov et al., 2015; Tran-Duy et al., 2008). Such systems for nutritional and/or challenging rearing condition studies probably are a good opportunity for R&D departments of feed or fish producers.

Standardized systems are not available and even prototype systems are rare for example the aquatic metabolic unit consisting of 12 tanks of 200 1 each (Wageningen, The Netherlands) (Lupatsch et al., 2010; Saravanan, 2013; Tran-Duy et al., 2008). A company in Denmark (Loligo Systems, Tjele, Denmark) provides respiratory equipment for basic physiological studies for aquatic breeders (Chabot et al., 2016; Paltra and Planas, 2012). They usually offer small swim flume respirometers which are generally restricted to DO measurements and not designed for housing fish groups during growth under culture like conditions. The artificial setting of a swim flume for measurements requires some training of the fish to swim in a regular fashion and/or to show their regular behavior (e.g. feeding and social interaction) (Kiffer et al., 1998; Paltra and Planas, 2012). It would be beneficial for basic physiological studies to use NH₃ measurement in combination to DO measurement because fish catabolism is based on protein as a fuel source (Wood, 2001).

Developments of computer and analyzer technology for RAS help to build long-term stable RARS (Lupatsch et al., 2010; Mamun et al., 2013; Saravanan et al., 2013). Here is still huge potential for improvement of good and easy-to-use probe technologies. Especially nitrogen measurement is promising. It will help to describe the protein catabolism in respirometer systems and will improve nutritional studies.

4 Water quality monitoring

Online monitoring of the fish metabolism variables with probes and analyzers will assist fish production as a suitable O_2 supply is needed and CO_2 and NH_3 are toxic in higher concentrations. For less intensive production facilities spot check measurement via portable meters and chemical test kits are sufficient to preserve the water quality. It seems easy to measure water quality variables as one can buy probes for a lot of applications. However, there are no standard aquaculture online sensors for nitrogen waste products on the market. The few existing analyzers are unpractical and/or expensive. For dissolved CO_2 it is not long ago that the first standard aquaculture meter was described (Moran et al., 2010).

Dissolved oxygen (DO) is relatively easy and affordable to measure (Friehs et al., 2005; Gnaiger and Forstner, 1983; Kramer, 1987; Lampert, 1984) and can be quantified online fast and precisely with amperometric or optical probes (Friehs et al., 2005; Tengberg et al., 2006). For all of the gaseous variables a salinity and temperature dependent solubility in the rearing water has to be considered (Henry's Law). More challenging than DO is the measurement of Ammonia (NH₃) because it is influenced by the pH of the rearing water (Fig. 2). The unionized NH₃ molecule is considered to be more toxic compared to the ammonium ion (NH₄⁺) because NH₃ can dissolve freely through cell membranes (Colt, 2006).

There is online measuring equipment available for NH_3 , NH_4^+ and the sum of both the total ammonia nitrogen (TAN) but not purpose-built for aquaculture (Ozório et al., 2001; Sanz Rus et al., 2000; Zhou and Boyd, 2016). For precise TAN measurements there is still the need to take a water sample and add reagents to induce chemical reactions converting all NH_4^+ to NH_3 for subsequent fluorescence or absorption spectroscopy measurement of the total NH_3 amount

(Dosdat et al., 1996; Gélineau et al., 1998; Schneider et al., 2013; Skov et al., 2015; Zhou and Boyd, 2016). In theory by using a precise pH, temperature and salinity measuring system it would be possible to calculate the desired proportion of molecules by knowing only one of the variables (Colt, 2006; Schram et al., 2009).



Fig. 2: Percent of ammonia (NH₃) and ammonium (NH₄⁺) as a function of pH (T. F. S. I., 2003).

Metabolically produced CO_2 is also very much influenced by water pH (Stumm and Morgan, 1996; Zeebe and Wolf-Gladrow, 2001) (Fig. 3). The sum of all 3 inorganic carbon fractions in the rearing water is the dissolved total inorganic carbon (TIC or DIC) which can be separated in dissolved CO_2 , bicarbonate (HCO_3^-) and carbonate (CO_3^{2-}) (Dickson et al., 2007; Stumm and Morgan, 1996; Zeebe and Wolf-Gladrow, 2001). When looking at Fig. 3 the fraction of dissolved CO_2 at a neutral pH is extremely low compared to HCO_3^- . The CO_2 excreted by the fish reacts with water to ions which are present in high concentrations in the water anyway. The dissolved CO_2 is the molecule that affects fish welfare directly (Fivelstad, 2013; Hjeltnes et al., 2012; Schreckenbach, 2002). In theory by using a precise pH (Aßmann et al., 2011, McGraw et al., 2010), temperature and salinity measuring system it would be possible to calculate the desired proportion by measuring only one of the variables additionally (Dickson et al., 2007). The usually high background carbonate content compared to a low fraction of dissolved CO_2 makes it useful to measure the dissolved CO_2 concentration. In the recent past the negative impacts of dissolved CO_2 on fish growth became better understood (Fivelstad, 2013). Therefore, the demand for suitable measuring technology

for aquaculture increased (Borges et al., 2012; Moran et al., 2010; Pfeiffer et al., 2011; Watten et al., 2004). For measuring the dissolved carbon dioxide online there are some technologies available (Atamanchuk et al., 2014; Foss et al., 2003; Holan and Kolarevic, 2015; Pfeiffer et al., 2011; Stiller et al., 2014). Analyzers for aquaculture in most cases use infrared spectroscopy (Moran et al., 2010). These analyzers usually have long response times (Moran et al., 2010) compared to DO probes (Moran et al., 2010, Timmer et al., 2005). More precise dissolved CO₂ analyzers were developed for studying ocean acidification (Jutfelt et al., 2013) but these are designed for measuring CO₂ levels far lower than those observed in an aquaculture facility.

Fig. 3: Bjerrum plot: Carbonate fraction (dissolved carbon dioxide (CO₂); Bicarbonate HCO_3^- and Carbonate CO_3^{2-}) examples for different temperatures (T), and salinities (S) (Zeebe and Wolf-Gladrow, 2001).

In the present thesis high precision analyzer technolgy is integrated in an online recirculating aquaculture respirometer system (RARS) for studying fish metabolism under challenging aquaculture relevant environmental conditions and the evaluation process of this system is described.

Chapter 1 clarifies if the installed technologies are suitable for measurements of metabolic rates. *Chapter 2* investigates if chronically elevated CO_2 concentrations have an effect on growth and catabolism of turbot. *Chapter 3* evaluates if a higher dietary protein inclusion has an effect on rainbow trout metabolism and energy butget under intermittent challenging low

 O_2 environments and different temperatures. The three chapters broaden our knowleage about the technical functionality of automated RARS to evaluate the bioenergetics of different fish species in challenging aquaculture settings.

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CHAPTER 1

A novel respirometer for online detection of metabolites in aquaculture research: evaluation and first applications

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Abstract

In this study we describe a novel flow-through respirometer with automated and semicontinuous detection of key water variables. The recirculating aquaculture system was designed to house aquatic organisms in culture-like conditions and allow long-term, highprecision measurements. Nine respirometry tanks (2501 in volume each) housed animals, and a tenth (without animals) acted as a reference tank. A single measurement unit made sequential measurements of each tank to eliminate the problem of sensor variation associated with multi-probe setups. The accuracy of the analyzers in relation to measurement range was: $O_2 = 1\%$; $CO_2 < 1\%$; $NH_3 = 2\%$; temperature $\le 0.25\%$; and $pH \pm 0.01$. Dissolved CO_2 was measured using air-water equilibration coupled with non-dispersive infrared detection of carrier gas, and NH₃ was quantified using a reagent-based assay and fluorometric autoanalyzer. Though expensive and not common in aquaculture or physiology research, these two automated metabolite analyzers could operate in both fresh and seawater, and offered high precision and accuracy. We report on the performance of these instruments for aquaculture research in two trials using a freshwater (rainbow trout, *Oncorhynchus mykiss*) and seawater fish species (turbot, Scophthalmus maximus). One of the main constraints imposed by the sequential measurement of multiple tanks was the measurement frequency of each tank. In the aforementioned system, NH₃ analysis took the longest (12 min), followed by CO_2 (7 min), O_2 (6 min) and pH (3 min).

1 Introduction

1.1 Aquatic respirometry and its application in aquaculture

Respirometry is used in aquaculture for a number of purposes. Some examples include noninvasive measurement of animal physiology in response to particular husbandry conditions (e.g. diet, temperature, water quality, stocking density and live transport), the measurement of metabolic fuel use, and the quantification of metabolite flux (i.e. oxygen O₂, ammonia NH₃ and carbon dioxide CO₂) to assist with calculations of system carrying capacity. There are only limited options for the purchase of proprietary aquatic respirometer systems, therefore, these units are often custom designed to suit a particular species, body size, and metabolite measurement goal (e.g. Gehrke et al. 1990; Lucas et al. 1993; Mamun et al., 2013; Sanz Rus et al., 2000; Steffensen et al., 1984; van Ginneken et al., 1994). The majority of systems described in the literature have been designed for studying fundamental questions concerning animal physiology. Intermittent flow respirometry using a flume is the preferred method used by fish physiologists to measure metabolic rate due to its precision (Steffensen, 1989), however, the respirometers are typically small (for a single animal) and designed for shortterm use (i.e less than a week), with little capacity to feed animals or treat waste production. This approach is not practical for long-term aquaculture studies requiring replicate tanks and holding conditions that allow feeding, removal of waste products and space enough for groups of fish to swim about. Sanz Rus et al. (2000) give a description of a respirometer system for addressing aquaculture research questions, however, the kinds of metabolite probes described had limited resolution and the tank volumes were not particularly large (50 l).

In this paper we report on a novel flow-through respirometer system designed to maximise measurement precision in all water types, while at the same time being large enough for groups of fish to be fed and maintained over several weeks. In flow-through respirometry metabolites are measured at the inflow and outflow while water flows continuously, and when these variables are combined with water flow rate one can derive metabolic rate (Ege and Krogh, 1914). The so called "washout effect" can complicate the mass balance calculations as it often takes a significant amount of time (hours) for the water to be exchanged in the respirometry tank, and the outflow metabolite concentration may not reflect the metabolic rate of the animal at the time of measurement (Eriksen, 2002). Steffensen (1989) and Eriksen (2002) provide an analyzes of the problems associated with incorrectly applying steady-state mass balance models to respirometry measurements. However, with a suitable numerical correction for the washout effect and the use of appropriately sensitive instruments, a flow-through respirometer system can achieve high levels of precision (Eriksen, 2002). In the present study we address the importance of accounting for the washout effect when calculating metabolic rate, as this correction is often overlooked, particularly in the aquaculture literature.

1.2 Measurement of dissolved metabolites

During the design and construction of our respirometer system particular attention was paid to the installation of very precise and automated water metabolite measurement equipment. The water metabolite variables measured were O_2 , pH, NH₃ and CO_2 . While the kind of amperometric O_2 electrode we used is common to many respirometer systems (e.g. Mamum et al., 2013; Sanz Rus et al., 2000; Steffensen et al., 1984), pH, and CO_2 were measured using approaches not commonly employed in commercial or research aquaculture. Obtaining accurate (better than 0.1 pH unit) long-term measurements of water pH (i.e. in excess of 1 week) is extremely difficult, especially in saltwater due to the high concentration of ions (Covington and Whitfield, 1988). Standard pH probes quickly start to drift if immersed continuously in saltwater. We used an intermediate junction probe, which has an exchangeable electrolyte bridge between the reference electrolyte and measuring solution. Clogging effects of the porous ceramic or plastic frit of standard pH probes are significantly reduced when the probe is readily serviceable.

The measurement of NH_3 and CO_2 excretion rates from respirometry studies are much less common than O_2 consumption due to the difficulties in accurately measuring these former metabolites, in particular measuring in an automated fashion and in seawater. Our respirometer system quantified these metabolites using the same equipment ocean chemist's use. Such systems tend to be expensive (in excess of US\$10,000) compared to the traditional methods used by aquaculturists or aquatic physiologists, however, these traditional methods are generally inferior in terms of accuracy, precision and processing time. In our study NH_3 was measured using an autoanalyzer that takes a water sample and auto-injects reagents to perform a colour reaction, which is subsequently measured spectrophotometrically. This technique is superior to the use of the ion-selective (ISE) or gas sensing ISE combination probes often used in wastewater treatment, as these probes have poor resolution at the comparatively low NH_3 concentrations encountered under aquatic respirometry.

Dissolved CO_2 is a particularly difficult metabolite to measure, especially in seawater. Pfeiffer et al. (2011) summarized the advantages and disadvantages of different CO_2 measurement systems for aquaculture, however, their paper focuses on monitoring threshold limit values and not on respirometry studies. The measurement principle of the CO_2 analyzer used in our study was air-water equilibration coupled with non-dispersive infrared detection of CO_2 in a carrier gas. This measurement approach is considerably faster (and more accurate and precise) than a submersible CO_2 analyzer commonly used in aquaculture (Borges et al., 2012; Moran et al., 2010), which is important for a system that needs to measure 10 tanks repeatedly in as short a time as possible.

The accurate measurement of dissolved CO_2 is important for studies investigating the effects of this gas on fish welfare (Fivelstad, 2013), a research field that has been often hampered by inaccurate measurements and the reporting of widely varying effect

concentrations (reviewed in Moran and Støttrup, 2011). Measuring dissolved CO₂ accurately not only results in meaningful dose-response studies, but it also allows for the profiling of intank CO₂ levels during different husbandry activities. A common misconception (that frequently makes its way into publication) is that by measuring dissolved CO₂ one can calculate the CO₂ excretion rate from aquatic animals. Most of the CO₂ excreted from an aquatic animal will form dissolved carbonates, therefore, one needs to measure total dissolved inorganic carbon to measure CO₂ excretion. As with virtually all other respirometry studies, our system lacked the necessary accuracy and precision in pH measurement to calculate dissolved inorganic carbon. Despite this limitation, the ability to correctly determine dissolved CO₂ in an automated fashion is a particularly novel attribute of the respirometer system described in this paper, and will likely be of general interest as CO₂ is increasingly recognized as a major factor in maintaining the welfare of animals reared in intensively stocked systems. In addition to providing a description of the respirometer system and addressing the importance of accounting for the washout effect when calculating metabolic rate, we present data from two trials (in fresh and seawater) using trout (Oncorhynchus mykiss) and turbot (Scophthalmus maximus) to evaluate the utility of such a system.

2 Material and methods

2.1 Description of the respirometer system

The respirometer system was designed as a recirculating system for the same reasons this technology is used in commercial aquaculture, namely, it allows heat conservation in a relatively large volume of water and a high degree of control of water quality. The respirometer system (Fig. 1-1) consists of five basic elements: water recirculation system; 10 respirometry tanks; filtration unit; temperature regulation; measurement/control circuit.

Fig. 1-1: Plan view of respirometer system: (1) recirculation pump; (2) manometer; (3) water distribution circuit; (4) pressure regulating valve; (5) tank inflow; (6) respirometry tank; and (7) overflow line; (8) sedimentation barrel; (9) sedimentation tank; (10) sump; (11) trickling filter; (12) metabolite sampling circuit from tank; (13) directional valve; (14) sensors; (15) online control unit; (16) main power switch; (17) online control unit; (18) data transfer; (19) temperature circuit pump; (20) heat exchanger; (21) temperature sensors; and (22) water jet pumps.

2.1.1 Water recirculation

Each tank receives filtered water from the circular supply pipeline (Fig. 1-1, No. 3) connected to the inflow of the tanks (Fig. 1-1, No. 5) with a modifiable pressure of 1-2 bar (Fig. 1-1, No. 2, 4). The flow rate (adjustable between 150 - 300 1 h⁻¹) in all ten tanks is controlled by a PID (proportional-integral-derivative) controller, a proportional valve with valve control unit and a flow meter. A three-phase pump draws from the biofiltration sump to pressurize the delivery circuit (Fig. 1-1, No. 3). Effluent water from each tank is directed to a central sedimentation barrel (Fig. 1-1, No. 8), whereafter it flows under gravity to the filtration unit (Fig. 1-1, No. 9, 10, 11). During a measurement cycle for a given tank a computer controlled solenoid valve opens and directs a portion of the effluent water through the measurement section under gravity (Fig. 1-1, No. 14). After exiting the measurement section with water from the supply ring overflow by water jet pumps (Fig. 1-1, No. 22).

2.1.2 Tanks

The ten circular tanks and stands (total height 2.1 m, Fig. 1-2) were purpose built by Kunststoff-Spranger GmbH (Plauen, Germany). Each PVC tank has a volume of 250 l, with part of the tank made of translucent PVC. The sides and the back are made of opaque PVC in order to avoid visual stressors from the surrounding.

Fig. 1-2: Schematic of 250 l respirometry tank and stand: (1) overflow protection; (2) overflow; (3) cover plate; (4) inflow; (5) outflow to measurement section; (6) coupling for flow-generating pump; (7) additional connector port; and (8) drainage outlet (modified drawing of Kunststoff-Spranger).

The tanks are completely enclosed, with a dome-shaped top, and can be accessed via a threaded cover plate (Fig. 1-2, No. 3; 25 cm diameter) on the top of the dome. The influent water enters near the middle of the tank wall (Fig. 1-2, No. 4). The water is directed to the measurement section via a pipe with an intake located in the middle of the tank wall (Fig. 1- 2, No. 5), and when measurements are not being made the water exits via the uppermost outlet (Fig. 1-2, No. 2). The influent and effluent outlets are placed in the middle of the tank to ensure the best mixing of water possible. At the back of the tank is an inflow and outflow connection for an external pump to generate a circular flow (Fig. 1-2, No. 6) and help concentrate waste in the central bottom funnel, thereby allowing settled solids to be drained via a ball valve (Fig. 1-2, No. 8). The tank circulation pump can run intermittently to concentrate settled solids, or operate permanently to provide a high level of internal water

circulation for animals which prefer current. Two ports are available on the outside of the tank (Fig. 1-2, No. 7) for the installation of trial-specific peripheral devices. The cover plate is equipped with two openings (Fig. 1-2, No. 1 and 2). In the first opening an overflow pipe (Fig. 1-2, No. 2) is installed which directs surplus water to the sedimentation barrel (Fig. 1-1, No. 8) and back to the sump. A second pipe is installed for feeding the animals and serves as an overflow protection (Fig. 1-2, No. 1). For any given experiment, one of the ten tanks is left empty of fish to act as a reference tank to account for physicochemical and microbial variations in the variables of interest.

2.1.3 Filtration unit and temperature control

The filtration unit consists of four components: a sedimentation barrel (Fig. 1-1, No. 8); a sedimentation tank (Fig. 1-1, No. 9) with optional mechanical filtration; a 1500 l sump (Fig. 1-1, No. 10) and a cylindrical 500 l trickling filter (Fig. 1-1, No. 11) filled with approximately 350 l of media (NOR-PAC Hochleistungsfüllkörper, Norddeutsche Seekabelwerke GmbH, Nordenham, Germany). Temperature within the system is controlled via a side-loop cooling or heating system (Fig. 1-1, No. 19, 20, 21) connected to the biofilter sump. The cooling bypass circuit is connected to the sump and is driven by a circulating pump (Fig. 1-1, No. 19). Water from the sump is pumped through a titanium plate heat exchanger with control unit (TSC 510; Behncke GmbH, Munich, Germany; Fig. 1-1, No. 20) and the cooled/heated water then passes back into the sump. Two temperature sensors are located in the sump (Fig. 1-1, No. 21). The heat exchanger is connected to the coolant/heating circuit of the entire production facility (Fig. 1-1, No. 20 arrows). The adjustable temperature range is approximately 10 - 35°C.

2.1.4 Measurement/control circuit

Pipe lengths leading from the tanks to the measurement section are standardized to eliminate dead spaces and ensure the same conditions for comparable readings between tanks. The

measurement unit of the system has five sensors (Fig. 1-1; No. 14): All water quality measurements are performed in the same test section to avoid measurement errors that can arise using multiple probes installed in each tank (van Ginneken et al., 1994). The tanks are measured sequentially via control of the solenoid valves that direct water from the respirometry tanks to the measurement section (flow rate 31 min⁻¹). The sampling time and the tanks to be measured can be adjusted via the automated control system. Salinity is measured manually via refractometry and inputted into the control computer for salinity compensation of measured variables. The control unit is housed inside a waterproof control cabinet, and is composed of a standard personal computer and all the control and monitoring electronics. The following data are processed and logged by the control unit: a) all data from the water quality measuring sensors; b) data of the flow and PID controllers (flow rates); c) data of the water circulation pressure; and d) trigger information for the sampling valves of the tanks and the trigger for the NH₃ analyzer. The data for each measured variable can be monitored graphically online. The data communication to the PC is carried out by a process control system (Beckhoff Automation GmbH, Verl, Germany) and a Controller Area Network bus card with associated software (TwinCAT, Beckhoff Automation GmbH). The software used to control, monitor and log data within the system was custom designed and written in C++. A summary of the data is saved in a MySQL database.

2.2 Water metabolite measurements

A description of each of the measurement devices is given in Table 1-1.

Sensor	ıype	Manufacturer	Measuring principle	Accuracy	response ume	Californation and
O_2	dTRANS O2 01;	JUMO GmbH & Co. KG,	Amperometric	$\pm 1\%$ of reading	3 min to 90%	Temp
	sensor for long-term online	Fulda, Germany			span (25°C)	com reca
	measurements					
pCO_2	(Purpose built)	SubCtech GmbH, Osdorf,	Air-water equilibr.	< 1% of reading	3.5 min to 95%	Rec
	OceanPack pCO ₂	Germany	(headspace) coupled		span, $\leq 7 \min$ to	moi
	RAS – System with		with non-dispersive	Full scale: (20°C; 0 ‰)	99% span	per
	Li-840x CO ₂ /H ₂ O		infrared detection of	34 mg/L (digital, 14 bit)	(20°C; water flow	Cle
	analyzer (LI-COR		gas with water	$> 34 \text{ mg l}^{-1}$ (analog; lower	rate $\geq 3 \ 1 \ \text{min}^{-1}$.)	the
	Biosciences,		vapour, pressure, and	accuracy).		
	Nebraska, United		temperature	Example accuracy:		
	States)		compensation.	$\pm 0.005 \text{ mg l}^{-1}$ with measuring		
				1.7 mg I ⁻¹ range		
NH_3^2	µMac,	SYSTEA S.p.A., Anagni, Italy	Fluorometric	2% of reading	12 min	Af
	nitroran loon flour	Italy	(ODA) (TCO	Eull coole: 1 mg I $^{-1}$		Ant.
	mor door naão ma		0001-2008-	Full scale, 1 llg L		Auto
	autoanai y zci		Certificate number	$\geq 0.01 \text{ mg I}^{-1}$ with measuring		volun
			AJAEU/10/12116)	$0.4 \text{ mg } \text{L}^{-1} \text{ range}$		our n
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		Fulda, Germany				

CHAPTER 1 A novel respirometer for online detection of metabolites in aquaculture research
2.2.1 CO₂ analyzer response time

While the response time of most of the water metabolite analyzers were known from manufacturer information, the response time of the CO₂ analyzer (SubCtech GmbH, Osdorf, Germany) needed to be quantified as the equilibrator was custom built. The main factor determining the response time of the analyzer was the time it took for the gas in the equilibrator headspace to be replaced, and response time was important as this set the minimum time interval required for sequential measurements. The response time was tested at 20°C and a salinity of 7‰ by injecting different flow rates of food grade CO₂ into four tanks using fine pore ceramic diffusers. The CO₂ dosing was controlled via a needle valve and a minimum volume flow meter, and the four CO₂ test concentrations corresponded to 33.01, 15.21, 1.96 and 1.91 mg Γ^1 . The ingassing was carried out over several days to allow the system to reach equilibrium between ingassing and degassing. The response time of the analyzer to a higher or lower CO₂ concentration was then tested over 20 min. The CO₂ measurement was found to be stable (i.e. 100% of the span attained) after 18 min. The solubility equation of Weiss (1974) was used to convert the pCO₂ values from the analyzer into dissolved CO₂ values of mg Γ^1 .

2.3 Respirometry experiments

2.3.1 Automated measurements in freshwater with rainbow trout

The performance of the respirometer system in resolving short time interval O₂ consumption rates between the tanks was investigated by running a two week experiment with rainbow trout fed differing rations. A stable O₂ measurement could be obtained within 6 min, meaning that a measurement cycle for all 10 respirometry tanks took 60 min (24 measurements per tank per day). Besides temperature and pH, O₂ was the only water quality variable measured in this study, as oxygen measurements stabilize more quickly between successive measurements and we were interested in resolving patterns in respiration on short time scales. Sixteen rainbow trout (mean \pm SD individual weight 153.8 \pm 35.9 g) were stocked into each of 9 experimental tanks so that the total fish weight was 2.46 ± 0.05 kg (tank stocking density $= 9.6 \text{ kg m}^{-3}$). The tank metabolic body weight (MBW) was calculated as (mean fish body weight (BW) (kg))^{0.8} x number of fish in the tank (Cho and Kaushik, 1990). The tank flow rates used in this experimental (1501 h⁻¹) were calculated on the basis of biomass and estimated respiration rate, with the aim to maintain an O_2 concentration above 7 mg l⁻¹. Temperature was maintained at $13.0 \pm 0.7^{\circ}$ C (mean \pm SD) and pH at 7.62 \pm 0.17 for the duration of the trial. Feed was administered twice a day at 08:00 and 18:00. A photoperiod of 12 hours light starting at 06:00 and 12 hour dark was controlled by the artificial lighting of the fish production hall. The fish were fed a standard commercial feed (64/17 Ex 5 mm; ALLER Aqua, Christiansfeld, Denmark), and portion size was doubled every three days from 0.7% to 1.4% and then to 2.8% of BW. After the 9th day the ration was abruptly reduced to 0% BW. The fish in each tank ingested almost all of the feed administered. The data were analyzed in the following manner. (1) The difference in apparent oxygen consumption rate as calculated by a steady state (Eq. (3) in section 3.2) versus unsteady state mass balance equation (Eq. (5) in section 3.2). The data for a single day were selected (day 4 when 1.4% BW was administered) to illustrative the washout effect; (2) a plot was made of mean oxygen consumption rate for the 9 tanks over the 17 day trial (using the unsteady state mass balance from Equation (5) in section 3.2); and (3) a summary data table was made of total daily O_2 use, and also maximum, mean and minimum daily O_2 use.

2.3.2 Automated respirometry in seawater with turbot

The performance of the CO₂ and NH₃ analyzers in seawater was investigated as part of a twoweek feeding trial with turbot. The measurement frequency was limited by the NH₃ autoanalyzer, which takes the longest time of the instruments to complete a measurement (in this measurement protocol 16 min tank⁻¹), resulting in 9 measurements per day for each of the ten tanks. For brevity, the data from only three tanks containing fish are presented in this paper (the other six tanks containing fish are not presented as they were exposed to different conditions for an unrelated experiment). The NH₃ analyzer was tested for two sessions of 2.5 days, which we deemed sufficient to assess its utility, and allowed us to make higher resolution measurement of CO₂ and O₂ for the remainder of the trial (the measurement period can be reduced from 16 to 8 min per tank). Fourteen turbot were stocked into each tank (mean individual weight 144.0 \pm 22.3 g, mean biomass 2.02 \pm 0.04 kg, MBW was calculated as (mean fish body weight (kg))^{0.8} x number of fish in the tank (Brafield, 1985). The flow rates through the test tanks $(300 \ l \ h^{-1})$ were set on the basis of the fastest possible washout from one measurement to another. Fish were maintained at a salinity of $20.2 \pm 0.8\%$, pH of 7.37 ± 0.03 and 17.7 ± 0.1 °C and fed daily ad libitum with a commercial diet (ALLER 505 EX 9 mm, ALLER Aqua, Christiansfeld, Denmark, macro nutrient profile: crude protein 50%, crude fat 16%, ash 9%, fibre 1%.). The photoperiod was controlled via artificial room lighting, and set to 12:12 light:dark, with sunrise starting at 06:00. All water quality variables were within the range favorable for the growth of animals (Imsland et al., 2001).

2.4 Data handling and statistics

All data are presented as mean \pm SD. The comparisons between washout corrected and uncorrected data (see section 3.2 Eq. (3) and Eq. (5)) was performed via t-test. The absolute CO₂ production rate could not be determined as we did not make a measure of the total inorganic carbon content of the water. We therefore used the term 'relative CO₂ production' to represent the difference in CO₂ concentration between the reference tank and respirometry tanks housing fish. All daily curves of NH₃ and relative CO₂ production and O₂ consumption were corrected for washout (see chapter 3.2 Eq. (5)). The data used to account for background respiration in each respirometry tank was interpolated from the reference tank measurements. The expected reference value for a given respirometry tank was calculated using a linear interpolation between two successive reference tank measurements. Each tank received a value dependent on the temporal distance between to the two reference measurements.

3 Results and discussion

3.1 The importance of accounting for washout

When using flow-through respirometry to calculate metabolic rate it must be considered whether the water body is in a steady state or unsteady state situation. The former implies that all factors that affect the calculation of metabolic rate are constant, such as the metabolite flux by the animal, water flow rate, influent metabolite concentration and so on. When the washout rate of the respirometer is relatively low (30 min or more), and the metabolic rate changes over short time periods (such as during digestion and assimilation) the use of a steady state model such as that described by Timmons and Ebeling (2010) (Eq. (3.2), 2010) to calculate mass balance will incorrectly estimate (and likely significantly) the true metabolic rate. To calculate the washout time for the respirometry tanks in our system we used the following equation given by Steffensen (1989):

$$t = V/F * \ln ((100 - E)/100)$$
(1)

where F is the flow rate through the respiration tank $[1 h^{-1}]$, V is the tank volume [1], E is the tank-water exchange rate [%] and t is time [h]. Figure 3 shows the theoretical washout times with the corresponding flow rates in our system. The highest water exchange rate through the respirometry tanks is $300 1 h^{-1}$, meaning the fastest time to 95% washout possible in these tanks is 2.5 h. The rate at which the fish within a tank may change O₂ consumption rate is in the order of minutes (for example following a feeding event), so clearly the use of a steady state method to calculate oxygen consumption for our flow-through system will grossly under or over-estimate the instantaneous oxygen consumption rate depending on whether the true rate is increasing or decreasing. For this reason it is necessary to account for the washout effect when calculating the oxygen consumption rate using an unsteady state mass balance equation.



Fig. 1-3: Calculated washout time for the 250 l respirometry tanks over the range of possible flow rates [l h⁻¹].

3.2 Calculating washout-corrected metabolic rates

Based on the equations of Eriksen (2002) and the boundary conditions in which they apply, we derived a washout correction formula for equidistant time steps for our system. The unsteady-state mass balance equation for dissolved O_2 in accordance to Equation (1) in Eriksen (2002) is:

$$dc/dt * V = F * (c_{in} - c) - Q_{O2}$$
(2)

where c, c_{out} (effluent) and c_{in} (influent) are dissolved O_2 concentrations [mg l⁻¹] of the test tank and reference tank, respectively, F is the flow rate through the respiration tank [l h⁻¹], V is the tank volume [l], Q_{O2} is the total rate of O_2 consumption [mg h⁻¹], and t is time [h]. The partial solution for dc/dt = 0 of Equation (2) can be written as:

$$Q_{O2}(t-t_0) = F * [c_{in}(t_0) - c_{out}(t-t_0)]$$
(3)

If the experimental protocol gives data at equidistant time intervals of t_1 , t_2 , t_3 , ..., t_n , t_{n+1} , ... and n is a natural number, Equation (2) can be expressed for any desired and successive time points t_n and t_{n+1} of the experiment as:

$$[c_{out}(t_{n+1}) - c_{out}(t_n)] * V / (t_{n+1} - t_n) = F * [c_{in}(t_n) - c_{out}(t_n)] - Q_{O2}(t_n)$$
(4)

Equation (4) is comparable to Equation (6) in Eriksen (2002) and can be rewritten as solution of Q to:

$$Q_{O2}(t_n) = [c_{out}(t_n) - c_{out}(t_{n+1})] * V / (t_{n+1} - t_n) + F * [c_{in}(t_n) - c_{out}(t_n)]$$
(5)

The corrections work for CO_2 and NH_3 concentrations in the same way, however, the concentrations of the fish tanks are subtracted from the concentrations of the reference tank as these metabolites are excreted rather than consumed. Table 1-2 presents the summary O_2 consumption statistics for a single day of rainbow trout respiration using a steady state versus unsteady state calculative method to derive metabolic rate. The only statistically significant difference in summary statistics between the two calculative methods was for the maximum O_2 consumption rates (n = 9; t-test, P < 0.05).

water temperature of 15.0 ± 0.7 C.		
O_2 consumption [mg kg ^{-0.8} h ⁻¹]	Washout corrected	Washout uncorrected
Max	125.79 ± 13.36*	111.60 ± 11.50*
Min	68.72 ± 4.11	64.46 ± 5.44
Mean	84.00 ± 5.02	82.97 ± 5.13
Sum	2016.07 ± 120.55	1991.37 ± 123.11

Table 1-2: Comparison of oxygen consumption rates resulting from different calculative methods. Extreme, mean and sum values (n=9) of rainbow trout (153.8 \pm 35.9 g) fed two times within a single day at 1.4% BW, at a water temperature of 13.0 \pm 0.7 °C.

Values are mean \pm standard deviation. * Significant difference by t-test, p < 0.05.

Figure 1-4 displays a daily metabolic profile for rainbow trout using two different approaches for calculating O_2 consumption from concentration data from our flow-through respirometers. The use of a steady state calculative method significantly underestimates instantaneous O_2 consumption when the true rate rapidly increases (for example at feeding time), and overestimates O_2 consumption during the subsequent reduction of metabolic rate during the digestive process (Fig. 1-4).



Fig. 1-4: The profile of oxygen consumption of rainbow trout for one day using a washout corrected (solid line) versus uncorrected (dashed line) calculative approach. The rainbow trout (mean weight 153.8 ± 35.9 g) were fed a 1.4% BW ration split between 08:00 and 18:00. Water temperature was 13.0 ± 0.7 °C. Each data point is a mean \pm SD of 9 replicate tanks.

When the data was averaged over long periods, such as a day, there was no difference in each calculative approach (Tab. 1-2), however, if one desires metabolic rate in terms of minutes or hours, Figure 4 implies that it is important to use an unsteady state calculative

approach to account for the washout effect. The respirometer system performed well enough to detect inter-tank variation in metabolic activity. During the dark period there was less variation in oxygen consumption between tanks compared to the light period, when spontaneous activity, feeding and digestion significantly modifies metabolism (Fig. 1-4).

3.3 CO_2 analyzer response time

The analyzer response time to 99% measurement span (t99) was 5-7 min (Fig. 1-3). By setting the sampling interval in the water quality test section to 7 min we could be sure to achieve precise dissolved CO_2 measurements.



Fig. 1-5: Response time of the CO_2 analyzer to a change in dissolved CO_2 concentration. The measured CO_2 concentration was stable (corresponding to 100% span) at 18 to 20 min. The water flow through the equilibrator of the CO_2 analyzer was 3 l min-1, sampling rate 30 s per sample, temperature 20 °C and salinity 7‰. The symbols correspond to the time taken to reach 95% and 99% of the total span.

This measurement interval is faster (at a flow rate of $3 \ lmin^{-1}$) than that achieved by the OxyGuard submersible CO₂ analyzer commonly used in aquaculture (Borges et al., 2012; Moran et al., 2010), although it is important to emphasize that these analyzers differ substantially in their precision, price and intended application.

3.4 Automated measurements in freshwater with rainbow trout

The respirometer system performed well in detecting the effect of increasing and decreasing ration size on the O_2 consumption of rainbow trout. The use of nine replicate tanks for a single treatment helped resolve in detail the diurnal rhythm in feeding and digestion followed by a return to resting levels (Fig. 1-6).



Fig. 1-6: Diurnal variations (24 h starting 8:00) in oxygen consumption of rainbow trout (mean weight 153.8 \pm 35.9 g) fed differing ration sizes (0.7, 1.4, and 2.8% initial body weight per day). Feed was given twice a day at 08:00 and 18:00. The last 8 days were without feeding. Data points are mean \pm SD. Solid line is hourly average (n=9); dashed line is daily average (n=216). Water temperature was $13.0 \pm 0.7^{\circ}$ C.

As alluded to above, there was a clear difference in the rate of O_2 consumption throughout the day, with higher variation in metabolism during the daytime when feeding occurred compared to the night period (Fig. 1-4). A daily "M shape" rhythm was visible, with O_2 consumption maxima coincident with feeding events. The O_2 consumption rate increased with increasing meal size, both in terms of maxima and minima values (Fig. 6). After the 2.8% BW feeding trial a starvation period followed. Fig. 6 illustrates a weakening of the diurnal "M shape" and a reduction in metabolic rate following food restriction. A very rapid decrease of O_2 consumption was observed during the first days of starvation, after which it decreased at a slower rate. After two days a clear adaptation of the fish to food restriction was detected. The diurnal pattern of O_2 consumption observed during the feeding period was not evident during food restriction, although the metabolic rate tended to be higher and more variable during the daylight hours.

3.5 Automated measurements in saltwater with turbot

Fig. 1-7 displays the data from the trial where turbot were fed to satiation daily for 10 days. There was a clearly observable pattern in the NH₃ and relative CO₂ production and O₂ consumption related to feeding events. After a feeding event (which occurred over an hour as the animals were fed to satiation) there was an increase in O₂ consumption and relative CO₂ production, and a 3-4 h later an increase in NH₃ production. This time delay is also described by Dosdat et al. (1996), who showed that for 100 g turbot the post-prandial hourly NH₃ excretion rate increased 5-8 h after feeding. It is presently difficult for us to comment on the relative CO₂ production data because to the best of our knowledge there are no CO₂ excretion rates available for turbot, and generally little reliable data from other marine fish.



Fig. 1-7: Diurnal variation (24 h starting 8:00) in metabolic rates of turbot (144.0 \pm 22.3 g) fed to satiation once per day. Metabolic rates given for O₂ consumption (black solid line); relative CO₂ production (see section 2.4 for

definition, dashed line) and NH₃ excretion (x 10, solid gray line, measured as total ammonia nitrogen). Feeding time and ration size is defined by symbol 'x'. Each data point is a mean \pm SD of 3 replicate tanks. pH 7.37 \pm 0.03, salinity 20.2 \pm 0.8 ‰, temperature 17.8 \pm 0.1 °C.

3.6 Maintenance, utility and limitations

The combination of a proportional valve, flow meter and PID controller was good option for a long-term measurement system as it made it easy to control and monitor flow rates into each tank. Although a more expensive option than a flow meter and manual valve, this system was not hampered by fouling and variable flow rates over time, which is important in long-term flow-through respirometry. While we were satisfied with the operation of amperometric oxygen electrode and were able to determine a maintenance and recalibration schedule that gave suitable operation (along with replacement every 6 months), we would consider switching to an oxygen optode for future studies. Optodes are less susceptible to fouling and drift, although presently it is expensive and difficult to find stationary probes that can easily be substituted for electrochemical probes. The CO₂ analyzer required some adaption to avoid fouling problems. The equilibrator was cleaned once a week to remove the biofilm. A CO₂ permeable membrane separated the equilibrator headspace from the NDIR system, however, this membrane became clogged over time and the response time of the analyzer slowed considerably. We installed a new membrane less system with the help of the manufacturers to overcome this problem. While in operation the NH₃ analyzer requires a reasonably large volume of distilled water (70 ml per sample) and reagents (see Tab. 1-1), meaning there needed to be capacity to supply these fluids and hold the waste. The calibration fluid needed to be stored in a refrigerator built into the OceanPack system, adding to footprint taken up by this analyzer. We were satisfied with the performance of orthophthaldehyde based measurement system and did not have to deal with the toxic waste of a phenol based system. We attempted to shorten the measurement interval of the NH₃ analyzer from 12 to 10 min, however, the wash and flushing time was not sufficient to avoid carryover effects. The automated self-cleaning filter (driven by air pressure) of the NH₃ analyzer worked well, and we never found any fouling in the autoanalyzer lines. The total time required to maintain the measurement equipment during a trial was approximately 2 h per week.

The respirometry tanks housing the fish were well designed and easy to work with in terms of handling fish and solid waste management. Both trout and turbot adapted readily to the conditions of the tank despite contrasting lifestyle modes. The tanks were efficient at concentrating uneaten food in the central collection drain following feeding (an important consideration in feed conversion studies), and there was rarely any settleable solid waste observed in the tanks. The auxiliary circulation pump was not necessary for concentrating solids. During a fish re-weighing event the flow rate into the tank needed to be minimized and some water released, and it was easy to catch the fish and put them back with minimal stress imposed. Although the system we constructed can precisely measure a number of water chemistry parameters, there are some limitations imposed on what data can be collected with the use of a single measurement system and analyzers of varying measurement intervals. If the NH₃ autoanalyzer is being used (measurement interval 12 min), the amount of data that can be collected from a single tank (out of 10 tanks) in a day may not be particularly informative given the strong diurnal variations exhibited by fish feeding and digesting. The experimental plan for a particular trial will need to incorporate factors such as the timing of feeding, the daily measurement frequency for a single tank, the number of replicated tanks and the equipment sampling protocol.

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CHAPTER 2

The effect of carbon dioxide on growth and metabolism in juvenile turbot *Scophthalmus maximus* L.

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Abstract

Land-based aquaculture is an increasingly important method of fish production, and fish grown in such systems may be exposed to substantially higher carbon dioxide concentrations than fish in the wild. Chronic exposure to elevated CO₂ levels in recirculated aquaculture systems can correlate with lower growth and condition indices for many fish species, however, the physiological basis behind this loss of performance is largely unknown. The aim of this study was to investigate the growth, condition and protein catabolism rates of juvenile turbot (55-176 g) reared for 8 weeks at three different dissolved carbon dioxide concentrations: 5, 26, 42 mg l⁻¹ (~3000, 15000, 25000 µatm; pH 7.37, 6.66, 6.44). A commercial diet was administered once per day until satiation, and uneaten food was collected from a solids collector. Oxygen consumption and ammonia excretion were measured weekly using high precision automated methods in a recirculating aquaculture respirometer system. Increased CO₂ levels were associated with reduced condition factor, feed intake and weight gain. Compared to the low CO₂ treatment, the specific growth rates under the medium and high treatments were reduced by 21% and 58%, respectively. Feed conversion ratios were similar between treatments. The oxygen consumption rates broadly followed a dose-response pattern, where fish in the low CO₂ treatment exhibited the highest respiration rates. Comparison of ammonia quotients over time and at comparable feed intake showed the rates of protein catabolism correlated with CO₂ exposure levels. By the end of the 8 week trial fish from the high CO_2 treatment exhibited up to 3 times the protein catabolism rates observed in the low treatment, and the medium treatment was approximately intermediate between the two. The conclusion from the study was that the loss of growth and condition of turbot reared at elevated CO₂ concentrations (relevant to land-based aquaculture systems) can be traced to decreased feed intake and an increased reliance on protein as a fuel source.

1 Introduction

Aquaculture is an increasingly important source of seafood production, and as space for coastal cages becomes limiting there is a growing proportion of fish being cultured in landbased aquaculture systems that recirculate most of the system water. Carbon dioxide (CO₂) from fish and microbial respiration accumulates in these systems, and while degassing units are used to remove as much CO₂ as possible, the concentration of dissolved CO₂ in these systems is considerably higher (10 times or more) than the atmospheric CO₂ level (Colt, 2006). There are welfare and production concerns about the ability of marine fish to grow and thrive in CO₂ enriched waters associated with recirculating aquaculture systems. Marine fish have evolved in a media highly conducive to the diffusion of CO₂ from the blood to the water, and are accustomed to much lower blood CO₂ levels compared to terrestrial vertebrates (Ishimatsu et al., 2005). Fish have evolved mechanisms to cope with the acute effects of elevated tissue CO₂ (termed hypercapnia) associated with intense exercise, and are able to rapidly modulate blood pH and H⁺ transport across the gills in an effort to control the acidification resulting from carbonic acid formation (Claiborne et al., 2002; Heuer and Grosell, 2014).

Compared to acute hypercapnia, much less is known about the physiological and pathological effects of chronic hypercapnic exposure in marine fishes. Fish reared in aboveatmospheric CO_2 levels common in recirculating aquaculture systems (approximately 2500 – 20000 µatm, Timmons and Ebeling, 2010) can exhibit reduced growth, feed conversion efficiency, condition factor and welfare indicators (Ben-Asher et al., 2013; Fivelstad et al., 1998; Foss et al., 2003; Musa et al., 2013; Petochi et al., 2011). While there is plenty of evidence that exposure to chronically elevated CO_2 affects fish growth, there is a poor understanding of the physiological mechanisms that cause reduced growth performance. In this paper we attempt to elucidate the metabolic fuel use of differences in growth and condition of juvenile turbot (*Scophthalmus maximus* L.) exposed to three levels of dissolved CO_2 relevant to land-based aquaculture. This study utilized a purpose-built set of respirometer tanks that could house fish for long periods of time in order to evaluate metabolic consequences of hypercapnia over several weeks, a much longer time period than other aquatic respirometry trials have been able to undertake. The oxygen consumption rate of juvenile turbot was used as a proxy of metabolic rate to investigate whether there were differences in energy expenditure between CO_2 treatments. Ammonia excretion and oxygen consumption rates were used to estimate protein catabolism rates (Gnaiger, 1983). When protein catabolism rates were combined with feed intake and feed conversion data, it was possible to partition lost growth between decreased protein intake and increased protein catabolism for energy. This was an aspect that offered some interesting insights into the metabolic perturbation caused by long term exposure to elevated CO_2 and stress related protein catabolism.

2 Material and methods

2.1 Fish husbandry and respirometer system

This study was performed at the Gesellschaft für Marine Aquakultur, Büsum, Germany. Prior to experimentation animal ethics approval was obtained. Juvenile turbot were obtained from the Maximus A/S hatchery (Bedsted, Denmark) and were held for two months before experimental manipulation. To start the trial 14 turbot were stocked into each of nine test tanks with a mean weight of approximately 55 g and a similar variance between tanks. Fish were maintained at a salinity of $20.2 \pm 0.8 \%$ and 17.7 ± 0.1 °C and fed daily with a commercial diet (ALLER 505 EX 9 mm, ALLER Aqua, Christiansfeld, Denmark, macro nutrient profile: crude protein 50 %, crude fat 16 %, ash 9 %, fibre 1 %). Feed was administered once per day at approximately 12:00 p.m. until apparent satiation. To determine the voluntary daily feed intake (DFI) uneaten pellets were collected by a solid collector located in the bottom centre of the tanks and their equivalent weight was subtracted from the daily feed out weight. Settled solids were removed twice per day by opening the valve under the solids collector. The photoperiod was controlled via artificial room lighting, and set to 12 h :12 h light : dark.

The experiment was performed in a recirculating aquaculture respirometer system (RARS) designed for growth studies described in detail in Stiller et al., (2013). Briefly, the RARS consisted of 10 tanks (250 l volume each) connected with a recirculated water treatment system (Fig. 2-1). Daily water exchange was around 10 % of total volume. The system utilizes a flow-through approach with a suite of online water chemistry analyzers (Fig. 2-1, No. 14) sequentially measuring metabolite concentrations. The water chemistry analysis unit measured the following parameters: oxygen (O₂) concentration (amperometric electrode, dTRANS O2 01; JUMO GmbH & Co. KG, Fulda, Germany); water pH (pH_{NBS}, intermediate junction electrode, Ionode IJ44, TPS Pty Ltd, Brisbane, Australia); temperature; total

ammonia nitrogen (TAN, loop flow orthophtalaldehyde fluorometric autoanalyzer, μ Mac, SYSTEA S.p.A., Anagni, Italy) and dissolved carbon dioxide (purpose built flow through headspace analyzer, MK-2 pCO₂ / Fast Analyser (SubCtech GmbH, Kiel, Germany) with nondispersive infrared detection, LI-840A (LI-COR Biosciences, Nebraska, United States)). The flow rates through the tanks were set to 300 l h⁻¹ to allow the fastest possible washout from one measurement to another. The rate of daily data acquisition (9-18 day⁻¹) was dependent on the time it takes for the slowest analyzer to complete a measurement. Ammonia measurements were performed weekly (days: 4/5, 10/11, 16/17, 25/26, 31/32, 39/40, 47/50, 54/55) for 24 h with a measurement time of 16 min per tank (i.e. 160 min to measure all 10 tanks). Nitrite and salinity were measured daily and alkalinity weekly. Nitrite was determined manually using a commercial kit, salinity was determined via refractometry, and alkalinity determined via potentiometric titration using an acid standard.



Fig. 2-1: Tank schematic (left corner; drawing by Kunststoff-Spranger) and plan view of recirculating aquaculture respirometer system: (1) recirculation pump; (2) manometer; (3) water distribution circuit; (4) pressure regulating valve; (5) tank inflow; (6) tank; (7) overflow line; (8) sedimentation barrel; (9) sedimentation tank; (10) sump; (11) trickling filter; (12) sampling circuit from tank; (13) pipe junction; (14) sensors; (15) temperature circuit pump; (16) heat exchanger; (17) temperature sensors; and (18) water jet pumps (Modified from Stiller et al. (2013)).

2.2 CO_2 dosing

Three hypercapnic treatments were tested with three replicate tanks per treatment, and one tank was left empty of fish to act as a reference. Food grade CO₂ was injected into 6 tanks using fine pore ceramic diffusers (model MBD075, Point Four Systems Inc., Canada). The CO₂ dosing was controlled via an adjustable needle valve and low volume flow meter, and the CO₂ concentration in each tank was measured using the aforementioned headspace analyzer. Three tanks were without CO₂ ingassing and represented the lowest CO₂ treatment achievable for the system. The low concentration did not represent atmospheric CO₂ conditions plus fish respiration, as this would be nearly impossible to attain in a recirculating system where CO₂ is actively being ingassed. Extra degassing capacity was installed in the water treatment system in the form of increased air/water surface area in the trickling biolfilter (Fig. 2-1, No. 11), and an additional sparging in the system sump (Fig. 2-1, No. 10). The rate of CO_2 ingassing into the high and medium treatment tanks occurred gradually over the first 7 days of the experiment to allow the fish to acclimate, and to allow the system to reach an equilibrium following an increase in ingassing. The three CO₂ treatment levels maintained for the remainder of the trial were designated as high (~25000 μ atm, 42 mg l⁻¹), medium (~15000 µatm, 26 mg l^{-1}), and low (~3000 µatm, 5 mg l^{-1}). A full description of carbonate chemistry parameters is given in Table 1.

Variable	Low CO ₂	Medium CO ₂	High CO ₂	
Dissolved CO ₂ [µatm]	2924 ± 179	15397 ± 656	24826 ± 1850	Measured
Dissolved CO_2 [mg l ⁻¹]	4.9	25.8	41.6	Calculated ¹
pH _{NBS}	7.36 ± 0.00	6.66 ± 0.01	6.44 ± 0.00	Measured
pH _{TOTAL}	7.22	6.52	6.30	Calculated ²
Total alkalinity [mmol (kg water)-1]	2.19 ± 0.08	2.21 ± 0.08	2.25 ± 0.09	Measured
Total CO ₂ [μ mol (kg water ⁾⁻¹]	1984	2531	2827	Calculated ³

¹Calculated from dissolved CO₂ using solubility constants given in Weiss (1974).

²Estimated from pHNBS using CO₂calc (Robbins et al., 2010).

³Calculated from pHNBS and dissolved CO₂ using CO₂calc (Robbins et al., 2010).

2.3 Growth performance and condition variables

Individual (Ind.) body wet weight [g], length [cm], width [cm] and bulk wet weight (biomass [g]) were determined at two week intervals (days 0, 14, 28, 42 and 56). After weighing, the fish of a particular tank were placed in another to account for any tank-specific effects. Absolute weight gain (WG) was calculated as the difference between start and end biomass of a specific tank. Geometric mean body weight (GMBW) was calculated as GMBW = (start mean body weight \times end mean body weight)^{0.5}. Specific growth rate (SGR, [% BW day⁻¹]) was calculated from the tank biomass using the formula SGR = (ln(end biomass) - ln(startbiomass)) / (number of feeding days since the last measurement) \times 100. Feed conversion ratio (FCR) was calculated as FCR = feed intake / weight gain. Daily feed intake [% BW day⁻¹] was calculated as $DFI = SGR \times FCR$. The condition factor (CF) was calculated using the weight and length data following the equation of Arfsten et al. (2010) for flatfish, CF =(weight x 100) / (length x width)^{3/2}. At the end of the trial blood was taken from the caudal vein of 5 fish per tank using heparinized syringes. The blood was stored on ice for total hemoglobin (Hgb) analysis (cyanmethemoglobin method; Hemoglobin FS kit, DiaSys Diagnostic Systems GmbH, International, Holzheim, Germany). Hemoglobin concentrations were calculated using a reference standard dilution series (HEM QS, Diaglobal GmbH, Germany). Spleen and liver were removed and weighted from 5 fish to the nearest mg on a precision balance. The spleen and hepatosomatic index (SI and HSI) was calculated as spleen or liver weight / fish final weight \times 100.

2.4 Whole body analysis

At the beginning and end of the experiment five fish from each tank were randomly selected for analysis of whole body composition. Fish were killed by heart puncture, freeze dried, homogenized and stored at -20 °C for later analysis. Analysis of whole body composition (dry matter, ash, crude protein, crude fat and crude fiber) was done following EU guideline (EC) 152/2009. Crude protein content was determined using the Kjeldahl method (InKjel 1225 M, WD 30; Behr, Düsseldorf, Germany), crude fat content was determined via HCl hydrolysis followed by petroleum ether extraction and weighing, dry matter content determined after drying at 103 °C and ash content weighed following 4 h at 550 °C. Gross energy was measured in a bomb calorimeter (C200, IKA, Staufen, Germany).

2.5 Metabolic data

Oxygen consumption and total ammonia nitrogen (TAN) excretion rates were calculated according to the difference between the tanks housig fish and the fish-less reference tank (including microbial background repiration), along with a correction to account for the washout effect, as outlined in Stiller at al. (2013). A comparison of influent versus effluent dissolved oxygen concentration in the reference tank suggested that microbial respiration was less than 1% of the fish respiration rates. The expected reference value for a given respirometry tank was calculated using a linear interpolation between two successive reference tank measurements. Each tank received a value dependent on the temporal distance between to the two reference measurements. Details of the method used to calculate respiration rates are given in Stiller et al. (2013). To account for allometric effects of different fish weights in the treatments the metabolic rates were normalized to a daily calculated mass specific metabolic body weight (MBW). For allometric weight scaling of turbot Waller (1992) reported that the exponential relationship between routine oxygen consumption and body weight followed an exponent of 0.7 (body weight 1.5 - 1073 g) and Jobling (1981) reported a weight exponent of 0.67 for ammonia excretion rates in plaice (Pleuronectes platessa; body weight 5 - 90 g). For consistency of allometric weight scaling we used the weight exponent of 0.7 for metabolic mass specific oxygen consumption and ammonia excretion rates. Daily MBW was calculated as MBW = ((DFI previous day [kg] / FCR + Biomass previous day [kg]) / number of fish in the tank)^{-0.7}. The degree of protein utilization for energy metabolism CHAPTER 2

The effect of carbon dioxide on growth and metabolism in juvenile turbot Scophthalmus maximus L.

was estimated using the ammonia quotient (AQ), where values of 0.27 and 0 correspond to 100% and 0%, respectively, of aerobic energy demand met by amino acid catabolism (Gnaiger, 1983). The value of 100% protein usage differs in the literature (0.27 - 0.33,Gnaiger, 1983; Kutty, 1978) and should only be used as an estimate of relative protein usage in energy metabolism. The expression AQ does not include nitrogen excreted as urea (whereas the nitrogen quotient does, Lauff and Wood (1996)). Urea was considered to be of minor importance as turbot, like other teleost fish, excrete the majority of nitrogenous waste as ammonia (Dosdat et al., 1995). In our study the AQ was calculated as excreted TAN [mol] / consumed O₂ [mol]. AQ data for each tank was investigated over a 16 h period equals 6 measurements per tank (between 6 PM to 10 AM) once a week so that feeding and tank cleaning periods were excluded. The AQ data was summarized per bi-weekly period by calculating the mean value for each replicate tank during the measurement interval (i.e. mean AQ value on days 4-5 and 10-11, days 16-17 and 25-26, days 31-32 and 39-40, and days 49-50 and 54-55). The use of biweekly mean AQ data smoothed out the substantial diurnal variation. A more detailed analysis of daily variation in AQ was performed towards the end of the experiment on days 48-50 and 53-55. The AQ value for each CO₂ treatment and time of day was calculated using the mean of 3 replicate tanks within one measurement cycle of the autoanalyzer (160 min).

2.6 Statistical analysis

For each variable the treatment mean and standard deviation (SD) was computed from three replicate tanks. When a treatment mean derived from the metabolite autoanalyzer was plotted against time, the data point was associated with the time stamp of the first measurement in a sequence (a 160 min sequence). Variables with single time point observations were tested for normality using a Kolmogorov-Smirnov test, homogeneity of variances using Levene's test and differences between replicated treatments were evaluated by one way analysis of variance

(ANOVA) and Tukey's post hoc test using SPSS 17 (SPSS Inc., Chicago, USA). A Dunnett T3 post hoc test was used where there was not homogeneous variance. Variables with repeated measurements were evaluated using a statistical mixed model (Laird and Ware, 1982; Verbeke and Molenberghs, 2009) in R v3.0.1 (R Core Team, 2013). Data were determined to be normally distributed and heteroscedastic across the different weeks via a graphical residual analysis. The statistical model included CO₂ concentration and week as well as all their interaction terms as fixed factors. Fish group and the interaction of fish group and week were treated as a random factor. Based on this model, an analysis of variances (ANOVA) was conducted, followed by multiple contrast tests (e.g. Bretz et al., 2011; Schaarschmidt and Vaas, 2009) in order to compare the several levels of the influence factors, respectively. For all statistical analyses differences were considered to be significant at p < 0.05.

3 Results

3.1 Water quality

With the exception of dissolved CO_2 concentration, the water quality during the trial (Table 2-1) was maintained in a state that would be considered as not harmful for fish health or growth (Wedemeyer, 1996). Nitrite (0.19 ± 0.11 mg l⁻¹) and ammonia concentrations were well below reported negative effect levels (Poxton and Allouse, 1982). Only one fish died over the course of the experiment (day 56, an individual from a high CO_2 treatment), indicating that the CO_2 concentrations used in this study were below lethal effect concentrations. During the first two weeks of CO_2 ingassing, it was observed that fish in the high CO_2 treatment tanks swam more erratically compared to the other treatments, however, this behavior was not observable after approximately two weeks, suggesting that the fish had acclimated to the conditions. Examination of the eyes and gills of individuals from the high CO_2 treatments during the first weighing did not reveal any obvious pathological effects.

3.2 Growth and condition

Carbon dioxide treatment was found to have an effect on mean individual fish length, width and weight after the 56 day trial (Fig. 2-2b). Fish maintained at the highest CO₂ concentration had 38 % lower weight at the completion of the experiment compared to fish at the lowest concentration. Condition factor (Fig. 2-2a) showed dose-responsive effects with a clear separation between treatments.



Fig. 2-2: The biweekly effect of dissolved CO₂ concentration on (a) conditions factor (CF), (b) weight, width and length (mean \pm SD, n = 42) of turbot. Data points with a symbol are significantly different from data points that do not share the same symbol within the sampling period (p < 0.05). The three CO₂ treatments are high (solid line, 42 mg l⁻¹), medium (dashed line, 26 mg l⁻¹), and low (dotted line, 5 mg l⁻¹).

Spleen index showed no significant differences between treatments. Exposure to elevated concentrations of CO_2 was correlated with decreased total hemoglobin (Hgb) content of the blood and liver index (HSI) (Table 2-2).

dissolved CO ₂ environments: high (42 mg l^{-1}), medium (26 mg l^{-1}), and low (5 mg l^{-1}).	Table	2-2:	Comparison	of gro	owth a	and	condition	variables	of	turbot	reared	for	56	days	under	three	different
	dissol	ved C	O ₂ environm	ents: h	nigh (4	2 mg	$g l^{-1}$), med	ium (26 m	g l	⁻¹), and	low (5	mg	1^{-1}).	-			

		le l	le l	
	Treatment n	Low CO ₂	Medium CO ₂	High CO ₂
Tank start biomass [g]	3	764.67 ± 9.45	766.33 ± 8.14	765.33 ± 5.86
Tank end biomass [g]	3	2446.3 ± 36.5^{a}	2016.3 ± 78.5^{b}	$1489.8 \pm 83.8^{\circ}$
WG [g]	3	1681.7 ± 37.9^{a}	1250.0 ± 83.5^{b}	$724.41 \pm 77.96^{\circ}$
HSI [% BW]	15	2.078 ± 0.410^{a}	1.703 ± 0.433^{a}	1.262 ± 0.230^{b}
SI [% BW]	15	0.052 ± 0.014	0.061 ± 0.028	0.052 ± 0.017
Hgb $[g dl^{-1}]$	15	4.62 ± 0.43^a	$4.50\pm0.31^{\rm a}$	4.06 ± 0.43^{b}

WG = weight gain; HIS = hepatosomatic index; SI = spleen index; Hgb = Hemoglobin. Values are mean \pm SD. Superscript letter indicate significant differences between treatment means (Tukey's or Dunnett T3 post-hoc test, p < 0.05).

The divergence in growth between treatments was already evident after 2 weeks, with an almost 3-fold difference in SGR between the high and low CO₂ treatments during this period (Fig. 2-3). The SGR of the high CO₂ treatment improved in the second weight measurement period, presumably as a result of fish in this treatment becoming better adjusted to the hypercapnic conditions. The growth rate generally decreased over time as the fish gained mass (the exception was the high CO₂ treatment, which displayed compensatory growth during the second measurement period following slow growth in the first period). To evaluate the effect of CO₂ on the size-specific growth rate a comparison was made of interval-specific SGR versus the geometric mean weight (Fig. 2-3). The growth rate of fish from the low CO₂ treatment decreased by 48% over the course of the experiment, which illustrates the importance of using size-specific growth rates to get meaningful effect magnitudes when comparing treatments. At a body mass of 100 g, turbot from the high, medium and low CO₂ treatments were interpolated from Fig. 3 to be growing at 1.0, 1.9, 2.4% BW day⁻¹. The medium and high CO₂ treatments can then be inferred to have caused a 21% and 58% decrease in growth, respectively.



Fig. 2-3: The effect of dissolved CO₂ concentration on SGR versus geometric mean individual weight and also expressed as biweekly period expressed as numbers (2, 4, 6, 8) in the symbols (mean \pm SD) of turbot. Data points with a symbol are significantly different from data points that do not share the same symbol within the sampling period (p < 0.05). The three CO₂ treatments are high (42 mg l⁻¹), medium (26 mg l⁻¹), and low (5 mg l⁻¹).

3.3 Feed intake and conversion

For the first half of the trial mean DFI was separated between treatments, with an approximately 40% lower feed intake under the high treatment compared to the low treatment (Fig. 2-4). For the second half of the trial DFI was not significantly different between medium and low treatments, however, the fish in the high treatment still had reduced feed intake relative to the other treatments. While DFI increased noticeably during the second measurement period (after 4 weeks) for all treatments, the general trend among treatments was that DFI decreased with increasing CO_2 concentration (Fig. 2-4). The FCR did not differ over time between the CO_2 treatments.



Fig. 2-4: The effect of dissolved CO₂ concentration on daily feed intake (DFI, black) and feed conversion ratio (FCR, grey), in two week intervals for turbot. Data points with a symbol are significantly different from data points that do not share the same symbol within the sampling period (p < 0.05). The three CO₂ treatments are high (42 mg l⁻¹), medium (26 mg l⁻¹), and low (5 mg l⁻¹).

3.4 Body composition

Ash content increased with CO₂ ingassing, while crude fat, protein and energy decreased (Table 3).

Table 2-3: Body composition [% of original substance] and gross energy [MJ kg⁻¹] contents of whole turbot body held under different dissolved carbon dioxide concentrations: high (42 mg Γ^{-1}), medium (26 mg Γ^{-1}), and low (5 mg Γ^{-1}).

	Initial	Low CO ₂	Medium CO ₂	High CO ₂
Dry matter [%]	23.80	26.56 ± 0.65^a	$25.73\pm0.42^{\mathrm{b}}$	$25.19 \pm 0.65^{\circ}$
Ash [%]	3.57	3.43 ± 0.13^{a}	$3.78\pm0.05^{\text{b}}$	$4.03\pm0.07^{\rm c}$
Crude protein [%]	15.15	16.26 ± 0.03^a	15.60 ± 0.07^{b}	15.51 ± 0.12^{b}
Crude fat [%]	5.08	6.87 ± 0.21^{a}	6.36 ± 0.16^{b}	$5.65\pm0.15^{\rm c}$
Energy [MJ kg ⁻¹]	5.31	6.40 ± 0.07^{a}	5.98 ± 0.07^{b}	5.65 ± 0.06^{c}

Values are mean \pm SD (n = 5 individuals per tank). Superscript letters indicate significant differences between treatment means (Tukey's post-hoc test, p < 0.05).

3.5 Metabolic data

The mean oxygen consumption was consistently highest for the low CO_2 treatment at all measurement periods, while the ammonia excretion rate tended to be lowest in the high CO_2 treatment (Fig. 2-5). This pattern is to be expected given the results from the feed intake, where feed intake was inversely proportional to CO_2 treatment level. The oxygen consumption rates in the high CO_2 treatment decreased continuously during the course of the trial, while the ammonia excretion rate tended to increase over time. These effects were not observed in the medium and low CO_2 treatments (Fig. 5).



Fig. 2-5: Mean metabolic mass specific total ammonia nitrogen (TAN) excretion rate (gray lines) and mean metabolic mass specific oxygen consumption rate (black lines) of turbot expressed as: mean of two 16 h (weekly measurements; representing approximately 6 PM to 8 AM) measurements at three dissolved CO₂ concentration levels. Values are taken from days (4/5 + 10/11), (16/17 + 25/26), (31/32 + 39/40), (49/50 + 54/55). Data points with a symbol are significantly different from data points that do not share the same symbol within the sampling period (p < 0.05). The three CO₂ treatments are high (42 mg Γ^1), medium (26 mg Γ^1), and low (5 mg Γ^1).

The ammonia excretion rate was standardized to the oxygen consumption rate to derive the AQ and estimated protein catabolism rates for each biweekly weight measurement interval plotted against GMBW to account for size-specific differences (Fig. 2-6). Protein catabolism rates trended downward for the first four weeks, which was a period associated with compensatory growth. For the remainder of the trial the medium and high CO₂ treatments exhibited strongly increasing protein catabolism rates (finishing at 57% and 61% protein fuel use, respectively) while the low treatment tended to be stable around 39% protein fuel use (Fig. 2-6). A linear regression was fitted to the post-acclimation AQ data (i.e. weeks 4, 6 and 8) to quantify the magnitude difference in AQ trajectories. Compared to the low CO₂ treatment the slope of the fitted lines of the medium and high treatments increased by a factor of 11 and 26 respectively (Fig. 2-6).



Fig. 2-6: Summarized biweekly ammonia quotient (AQ) measurements of turbot over two 16 h (weekly measurements; representing approximately 6 PM to 8 AM) measurements at three dissolved CO_2 concentration levels. Data points with a symbol are significantly different from data points that do not share the same symbol within the sampling period (p < 0.05). Values (expressed as biweekly period: 2, 4, 6, 8) are from the measurement periods: days (4/5 + 10/11), (16/17 + 25/26), (31/32 + 39/40), (49/50 + 54/55). The three CO_2 treatments are high (42 mg Γ^1), medium (26 mg Γ^1), and low (5 mg Γ^1).

The final two metabolite flux measurement periods (days 48-50 and 53-55) were analyzed in detail to investigate the effect of dissolved CO_2 exposure on metabolic fuel use at almost comparable feed intake rates (Fig. 2-7). With the exception of day 49, the metabolic mass specific oxygen consumption and ammonia excretion rates increased substantially soon after feeding (Fig. 2-7a, b). There was a clear dose-dependent relationship between CO_2 treatment and oxygen consumption, where oxygen uptake in the low CO_2 treatment was approximately 1.5-2 times the value recorded in the high treatment. In contrast to oxygen uptake, ammonia excretion rates did not vary much between treatments for the days when there was nearly comparable feed intake (Fig. 2-7a, b).

The ammonia excretion rate was standardized to the oxygen consumption rate to derive the AQ and estimated protein catabolism rates. The percentage of the metabolism powered by protein catabolism increased following feeding for all treatments (Fig. 2-7c, d). As previously observed, there was a clear dose-dependent trend in the data, with fish under the high CO_2 treatment consistently using more protein to power oxidative fuel use. This pattern was not related to differences in feed intake as there were almost identical feed intake rates on most of the days where high frequency AQ measurements were performed (Fig. 2-7c, d). Prior to feeding fish at days 49 and 54 from the low CO_2 treatment were powering around 12-14% of their metabolism via protein catabolism, which increased to a peak of 42-60% following feeding. Fish from the high CO_2 treatment exhibited up to 3 times the protein catabolism rates observed in the low treatment, and the medium treatment was approximately intermediate between the two (Fig. 2-7c, d).



Fig. 2-7: (a), (b) Metabolic mass specific total ammonia nitrogen (TAN) excretion rate (gray lines) and mean metabolic mass specific oxygen consumption rate (black lines) of turbot; and (c), (d) ammonia quotient (AQ) and estimate protein catabolism rate for the final two measurement periods of the trial. The three CO₂ treatments are high (42 mg l^{-1}), medium (26 mg l^{-1}), and low (5 mg l^{-1}). The daily feed intake (DFI) is inset as bars into each figure: high (black), medium (white striped), and low (white dotted).

4 Discussion

The study described in this paper investigated the effects of chronically elevated CO_2 on turbot and observed previously described hypercapnic pathologies such as reduced growth, condition, and feed intake (Ben-Asher et al., 2013; Fivelstad et al., 1998; Foss et al., 2003; Musa et al., 2013; Petochi et al., 2011), and also hitherto unknown effects on metabolic fuel use. The time period in our experiment allowed the fish to adjust to hypercapnic conditions, and all traces of compensatory growth following hypercapnic acclimation were no longer evident after approximately the second week. Thereafter all treatments exhibited stable growth trajectories. As expected, turbot growth rate followed a negative dose-dependent relationship, where the highest CO_2 treatment effectively halved the growth rate compared to the low treatment. The high precision dissolved CO_2 measurement unit employed in the present study gives us the confidence to state that the minimum dissolved CO₂ threshold for growth and metabolism for turbot is below 26 mg Γ^{-1} . Schram et al. (2009) discussed the effect of increased CO₂ concentration on turbot that occurred at reduced water flow rates in test tanks and suggested growth reduction begins at around 10 mg Γ^{-1} . Flow rate reduction studies are difficult to interpret because many water quality factors change simultaneously as the turnover decreases in a tank. The reported minimum dissolved CO₂ threshold for growth varies considerably for marine fish (8-51 mg Γ^{-1}), which reflects species-specific differences and a substantial diversity in experimental approaches to the dosing method and CO₂ measurement accuracy (Ben-Asher et al., 2013; Fivelstad, 2013; Fivelstad et al., 1998; Foss et al., 2003; Moran and Støttrup, 2011; Petochi et al., 2011).

The FCR was similar between treatments and the lack of a strong relationship between FCR and CO_2 exposure suggests that the fish were not experiencing a significant energetic cost in tissue acid-base regulation, gill ventilation and other factors that are thought necessary for homeostasis in a high CO_2 concentration environment (Claiborne et al., 2002; Gräns et al., 2014; Ishimatsu et al., 2008; Methling et al., 2013). The lower oxygen consumption rates of turbot from the elevated CO_2 treatments likewise suggest that chronic hypercapnic exposure did not impose measurable energetic cost increases.

In contrast to FCR, DFI showed a clear negative dose-dependency with CO_2 exposure, thus DFI differences among treatments would have been a significant contributor to differences in growth rates (Saravanan, 2013). The origin for reduced feed intake in the current study cannot be definitively identified, and there is no consensus yet on the reasons why elevated CO_2 concentration might decrease the amount of food ingested (Ritter, 2004). One hypothesis is that high CO_2 doses can have a narcotizing effect and the fish are not able to locate or hunt for feed (Yoshikawa et al., 1994). However, this was unlikely a factor in the current experiment given the nature of the feeding regime (sinking pellets fed in a relatively confined space over a long time period) and because on numerous occasions fish from the high CO_2 treatment
were able to ingest at least as much as fish in the other treatments. We suggest the more likely reasons for reduced DFI under high CO_2 conditions were either a reduction in tissue oxygen delivery capacity with subsequent consequences on digestion (as has been reported for Atlantic cod, (Tirsgaard et al., 2015)) and/or pathological effects of CO_2 on metabolic processes that consequently reduced appetite.

The blood hemoglobin content of turbot from the high CO₂ exposure in our study was significantly lower than that of the other treatments, which suggests that fish in the high CO₂ treatment were encountering blood oxygen transport problems. The oxygen consumption rate of turbot from the high CO₂ treatment also had consistently lower oxygen consumption rates. Loss of blood oxygen carrying capacity is unlikely to be a significant threat for a resting, nondigestive fish, however, in times of elevated oxygen demand, such as during intense exercise or digestion, the lowered scope for oxygen delivery can present a significant challenge (Remen et al., 2013). The lowered blood hemoglobin levels of turbot from the highest CO_2 treatment may be related to a lowered condition and nutritional status, or as Randall et al. (2014) and Rummer et al. (2013) suggest, environmental hypercapnia may promote oxygen delivery and thereby reduce blood hemoglobin requirements. Petochi et al. (2011) observed reduced hemoglobin concentrations in sea bass after 45 days of chronic exposure to a CO₂ concentration of 51.2 mg l⁻¹. These authors suggested that the anemia might be caused by nephrocalcinosis, which hampered the haemopoietic activity of the kidney. We did not evaluate kidney pathology in our study as nephrocalcinosis has typically only been observed in freshwater fish species (Moran and Støttrup, 2011).

Recent studies about the specific dynamic action (SDA) suggest that a loss in oxygen carrying capacity or at least reduced oxygen availability would likely have had an effect on digestion and assimilation, as these processes demand an increase in the duration of the SDA (Jordan and Steffensen, 2007; Methling et al., 2013; Tirsgaard et al., 2015). Methling et al. (2013) and Tirsgaard et al. (2015) found no effects of elevated CO₂ on standard metabolic rate

of European eel (*Anguilla anguilla*) and Atlantic cod (*Gadus morhua*), respectively, however, these studies reported lowered maximum metabolic rate and a reduction in the aerobic scope. If elevated CO_2 concentrations led to a reduced aerobic scope, which extends the SDA duration, this could be a reason for prolonged digestion time (Tirsgaard et al., 2015) and possibly a reduction in DFI. The experimental approach and frequency of oxygen consumption measurements in our study were not designed for investigating specific details about the SDA. Such studies require standardized feeding protocols plus high frequency oxygen consumption measurements. Given the considerable differences in DFI and growth rates observed in the present study, it would appear that considerable progress could be made in the field if there was more effort devoted to understanding the link between CO_2 exposure and appetite.

The use of automated high-precision TAN sampling in this study allowed for observations of protein catabolism rates in fish exposed to elevated CO_2 conditions. There was a positive dose-dependent relationship between protein catabolism rates and CO_2 exposure, such that by the end of the trial fish in the high CO_2 treatment were powering their oxidative metabolism using 1.6 times more protein than low CO_2 treatment fish (although this increased up to 3 times during some periods). Our finding that turbot are increasingly reliant on protein as a metabolic fuel under hypercapnia contrasts with the results of Methling et al. (2013), who did not observe a difference in AQ values in European eels exposed to varying levels of CO_2 . One explanation for the difference observed in fuel use in the present study could be the lowered nutritional status of turbot under hypercapnia, which caused a lack of supply of suitable metabolic fuels. Bar (2014) reviewed starvation in fish and describes three phases: (I) a short transient phase, (II) a long, protein conservation steady state phase with mainly fat oxidation as the primary energy source, and (III) a shift to protein mobilization as a main energy source. These phases might explain the shift in fuel use over time and size in our experiment if the fish from the high CO_2 treatments were nutritionally challenged. The CF, HSI and body composition analyses showed fish from the high CO_2 treatment had proportionately more bone material, lower liver mass and reduced lipid and protein deposition compared to the low CO_2 treatment. These observations suggest that fish from the later treatment were nutritionally challenged despite exhibiting weight gain, while the lower ash content of the fast growing fish in the low and medium CO_2 treatments were likely a result of higher bone growth rates with low degrees of initial mineralization (Martens et al., 2006).

A second explanation for differences in metabolic fuel use under hypercapnia could be a more direct effect of CO_2 on metabolic pathways. When diurnal metabolic fuel use was investigated in detail it was observed that there was a positive dose-dependent relationship between protein catabolism and CO_2 exposure even on days of comparable feed intake. This suggests that the higher use of protein as a fuel source by the medium and high CO_2 treatments may not have been a consequence of starvation-like physiological responses, but rather the CO_2 was more directly altering fuel use patterns. A study of cultured hepatocytes in two species of Antarctic fish has demonstrated that CO_2 acidification depresses protein biosynthesis (Langenbuch and Pörtner, 2003). There is presently insufficient research into the effects of chronically elevated CO_2 on appetite, digestion and metabolism to evaluate which mechanisms cause changes in metabolic fuel use under hypercapnia. The results from the present study suggest that a significant portion of lost growth and condition performance of fish exposed to chronically elevated CO_2 can be traced to altered metabolic fuel use patterns.

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CHAPTER 3

The effect of diet, temperature and intermittent low oxygen on the metabolism of rainbow trout

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Abstract

An automated recirculating aquaculture respirometer system was used to measure oxygen consumption, protein catabolism as ammonia quotient and the energy budget to evaluate whether the crude protein content of a standard diet (SP) (42.5% crude protein) or a high protein (HP) diet (49.5% crude protein) influences metabolism in rainbow trout under challenging intermittent low dissolved oxygen concentrations. Three temperature phases (12 °C, 16 °C, 20 °C) were split in two oxygen periods with 5 days of unmanipulated oxygen levels (50-70%), followed by 5 days of a manipulated oxygen period (4 PM-8 AM) with low oxygen (40-50%) levels. Protein catabolism was temperature independently 40% higher for the HP diet, not influenced by low oxygen events and lowest at 16 °C for both diets. Compared to the unmanipulated oxygen period, the manipulated oxygen period resulted in an increase in oxygen consumption (SP=11%, HP=6%), decrease in retained energy and stronger lowering of the retained energy at higher temperatures for fish fed the SP diet. The HP diet appeared to moderate the degree of change in oxygen consumption and retained energy during the manipulated oxygen period, however, there was no net benefit over the SP diet as the HP diet was associated with a generally higher oxygen consumption (0-8%) and lower retained energy (1.9–4.8% digestible energy). In this study a HP diet was not found to have obvious benefits over a SP diet especially in case of catabolic protein usage.

1 Introduction

The water quality within fish farming systems can vary substantially according to a multitude of biotic (e.g. stocking density, feeding rates, microbial loading) and abiotic (e.g. temperature, aeration and water turnover rates) factors. The dissolved oxygen (DO) concentration and temperature are important water quality variables that affect fish metabolism and health (Brett, 1979; Carter et al., 2008; Colt, 2006; Kramer, 1987; Wang et al., 2009), and the level of DO can change rapidly due to biotic and abiotic forcings. Diurnal fluctuations in DO due to photosynthesis, increasing temperature and varying water exchange in net cages or flow through systems are probably one of the most pronounced water quality changes most farmed fish endure (Davis, 1975; Johansson et al., 2006; Remen et al., 2013). Low DO levels are likely to occur during intensive fish oxygen consumption (OC) associated with feed ingestion and digestion (Eliason and Farrell, 2014; Jordan and Steffensen, 2007; Svensen et al., 2011; Tirsgaard et al., 2015). Additionally, partial DO depletion or intermittent hypoxia can be amplified at night when phytoplankton switches from photosynthesis to respiration (Taylor and Miller, 2001). Furthermore, water exchange through sea net cages varies according to the tidal currents, and slack tides lead to stagnant water periods four times per day. Fish producers in Norway, Chile, Canada and Australia have reported intermittent sub-optimum environmental conditions for salmonid fish production (Carter et al., 2008), however, the impact of temporary diurnal DO limitations on fish physiology is not often studied (Farrell and Richards, 2009).

Chronic sub-lethal hypoxia can cause growth reduction due to reduced appetite, alteration of metabolic pathways, reallocation of energy resources, poor assimilation efficiency, and prolonged digestion (Wang et al., 2009). Davis (1975) summarised DO threshold levels for rainbow trout (*Oncorhynchus mykiss*) at various temperatures (8-20 °C) and animal sizes (larva-1.1 kg), and concluded that the effective threshold was in the range of 50-64% DO

saturation (DO_{sat}). Below this level, blood was less oxygenated, circulatory changes such as a slowing heart frequency occur along with reduction of maximum swimming speed, altered respiratory quotient, elevated breathing amplitude and elevated buccal pressure (Cameron, 1971; Hughes and Saunders, 1970; Itazawa, 1970; Jones, 1971; Kramer, 1987; Kutty, 1978; Randall and Smith, 1967). Compared to our understanding about respiratory physiology, much less is known how chronic or intermittent hypoxia affects digestion and growth in fish. Low oxygen conditions have been observed to alter the Specific Dynamic Action (SDA) of digestion and nutrient assimilation (Wang et al., 2009).

It has been calculated in animal physiology that the production of 1 KJ of energy via ammonotelic catabolism of protein theoretically requires 2.5 mg more O₂ than lipid and 7 mg more O₂ than glucose (Heldmaier and Neuweiler, 2004), which might mean that protein is metabolised differentially according to DO availability. From an aquaculture perspective, it is more desirable to utilise dietary amino acids for body growth rather than as a metabolic fuel source. Carter et al. (2008) summarised the strategic needs to study interactions between diet composition and environmental parameters, and suggested that protein metabolism needs particular attention to maximise growth under limiting environmental conditions. This has led to research into special application feeds for 'challenging' conditions such as waters with suboptimal temperature and DO levels (Carter et al., 2008; Glencross, 2009; Glencross and Rutherford, 2010; Glencross et al., 2014; Saravanan, 2013). The idea behind such feeds is that the loss of fish condition normally associated with challenging environments (e.g. diurnal fluctuations in DO levels) can be compensated for tuning the dietary macro- and micronutrient composition. In this paper we attempt to broaden our understanding of fish protein metabolism under diurnal DO variations at different temperatures using juvenile rainbow trout as a model species.

2 Material and methods

2.1 Experimental fish and diets

Juvenile rainbow trout (weight = 64.9 ± 6.0 g) were obtained from the hatchery Forellenzucht Trostadt GbR (Trostadt, Germany. The experimental fish were acclimated to six respirometer tanks (described below) for three weeks prior to the experiment while being fed a standard commercial diet (Skretting Optiline HE, 4.0 mm, Italy, Macro nutrient profile: crude protein 43.0%, crude fat 26.0%, ash 6.0%, fibre 3.0%) at 12 °C. During the acclimation period, the fish were fed by hand in order to determine the absolute amount of feed the animals could ingest. The maximum ingestion quantity was determined to be 1.37 ± 0.45 % of body weight (BW), and this information was used to set the 1% BW ration size in the experiment, a portion size that was completely consumed with no wastage. In the trial two experimental fish groups were fed with iso-energetic diets of varying protein content (digestible energy = 19.5 kJ g^{-1} dry matter (DM)) produced at Skretting ARC Technology Plant (Stavanger, Norway). Table 1 gives the feed composition of the two experimental diets. The Standard Protein (SP) diet with 42.5% crude protein was similar to existing commercial diets, while the High Protein (HP) diet contained 49.5% crude protein. The HP diet was compounded isoenergetic to the SP diet by lowering the fat and starch content and increasing the wheat gluten inclusion (Table 3-1). Diets were designed to meet amino acid needs of the animals (NRC, 1993). Feeding started at 10 AM in tank 1 and continued for 12 min before moving onto the next tank steps until the feeding was finished.

Diet	SP	HP
Ingredient and proximate composition [g kg ⁻¹]		
Wheat (Svenska Lantmannen / Sweden)	131	81
Corn gluten (Cargill Nordic AS / UK)	50	50
Wheat gluten (Cargill Nordic AS / UK)	100	200
Soy protein concentrate (Imcopa / Brasil)	300	300
Purified cellulose (Arcon AS, Norway)	9	0
NA Fishmeal (Welcon AS, Norway)	150	150
Fish oil Nordic (Nordsildmel, Norway)	236	196
AA, Vitamin, Mineral premix* (Trouw, Netherlands)	23	22
Yttrium premix (Trouw, Netherlands)	1	1
Proximate composition [%]		
Dry matter	93.5	93.5
Moisture	6.5	6.5
Crude protein	42.5	49.5
Crude fat	27.3	23.6
Starch	8.6	6.4
Crude fiber	2.8	2.2
Digestible energy [DE _{diet} ; kJ g ⁻¹ DM]	19.8	19.8
Gross energy [GE _{diet} ; kJ g ⁻¹ DM]	23.4	23.2

Table 3-1: Nutrient composition, digestible energy, ingredients and chemical composition of the test diets. I	Pellet
size 4 mm.	

* Recommendation after NRC (1993)

2.2 Chemical analysis of the diet

Almost all chemical feed analyses were done in the Skretting ARC laboratory, Stavanger. Dry matter was done gravimetrically by drying the feed for 18 hours at 105 °C. A Kjeltec 2400 Auto System (FOSS Analytical, Denmark) was used to determine the total nitrogen (N) for calculating the protein content (N x 6.25). Nuclear Magnetic Resonance (Maran Ultra NMR, Resonance Instruments Ltd, Witney, UK) was used for measuring the fat concentration. The starch content was determined according to Mcleary et al., 1994 and the crude fiber content according to ISO 6865 (ISO 2000). Gross energy was measured in a (isoperibol) bomb calorimeter (Parr 1281, USA) at Nofima BioLab (Fyllingsdalen, Norway).

2.3 Experimental setup

For each diet there were three replicate tanks. The experiment was divided in three 16 day rearing temperature phases (TP) (12, 16 and 20 °C, as illustrated in Fig. 3-1). The sequential testing of temperature over time rather than simultaneous testing of temperature alongside the other variables was a constraint imposed by the experimental set up with one water body in the recirculating respirometer system. Temperature acclimation from 12-16 °C and 16-20 °C was done in 1 °C day⁻¹ increments over 4 days. Following temperature acclimation, five days of respirometer measurements were performed at the maximum tank water inflow rate (3001 h⁻¹) (hereafter called the unmanipulated oxygen (UO) period) followed by five days of decreased nightly water inflow, which created a partial low oxygen challenge for the fish (hereafter called the manipulated oxygen (MO) period). To maintain a comparable circular current in the test tanks an additional pump was installed (Stiller et al., 2013). The target oxygen level during the night in the MO period was 40-50 DO_{sat}, which corresponded to water inflow of 150, 200, and 225-2501 h⁻¹ at 12, 16 and 20 °C, respectively. The oxygen challenge was initiated at 4 PM by the use of controllers to decrease water inflow. At 08:00 the next morning the controllers increased water flow rates. Once the MO period finished the fish were fasted for a day and then individual and bulk weighing occurred (Fig. 3-1). At the start of every experimental TP the tank biomass was adjusted to approximately 3.70 kg via the removal of individuals following individual and bulk weighing. At the beginning of the experiment (12 °C) there were 50 fish with a mean weight of 73.4 ± 13.0 g per tank, which was decreased to 42 fish with a mean weight of 90.2 \pm 21.8 g at 16 °C and 35 fish with a mean weight of 105.5 ± 30.0 g per tank 20 °C, respectively.



Fig. 3-1: Experimental setup for the three temperature phases (12, 16 and 20 $^{\circ}$ C). 4 days acclimation, 5 days unmanipulated oxygen (UO) period, 5 days manipulated oxygen (MO) period, 1 day fasting and 1 day weighing / biomass reduction (BM). Arrows indicate the time of down and upregulation of dissolved oxygen saturation during the periods.

2.4 Fish husbandry and respirometer system

The experiment was performed in a recirculating aquaculture respirometer system (RARS) designed for growth studies described in detail in (Stiller et al., 2013; Stiller et al., 2014). The system consisted of 10 tanks of which 7 were used (250 l volume each) included in a recirculating aquaculture system with mechanical (sedimentation) and biological (trickling filter) treatment units. The system utilises a flow-through approach to measure respiration, where the water metabolite concentration of each tank is measured sequentially by a suite of water chemistry analysers. Respiration rates are calculated based on the differences between test and reference tank metabolite values and water flow rates, with a correction to account for the wash-out effect. Details about the methods used to calculate respiration rates are given in Stiller et al. (2013).

The water chemistry analysis unit measured the following parameters: oxygen (O_2) concentration (amperometric electrode, dTRANS O2 01; JUMO GmbH & Co. KG, Fulda, Germany); water pH (intermediate junction electrode, Ionode IJ44, TPS Pty Ltd, Brisbane,

Australia); temperature (thermocouple); total ammonia nitrogen (TAN) (loop flow orthophtalaldehyde fluorometric autoanalyser, μ Mac, SYSTEA S.p.A., Anagni, Italy) and dissolved carbon dioxide (CO₂) (flow through headspace analyser with non-dispersive infrared detection, SubCtech GmbH, Kiel, Germany). Analysers were calibrated daily. The daily data acquisition was 12 measurements per day and tank, corresponding to a two hour measuring cycle in which every tank was measured successively. The data from six tanks containing fish are presented in this paper. The nitrite [mg l⁻¹] (Microquant; Merck KGaA, Germany) concentration and hardness [°dH] (Aquamerck, Merk KGaA, Germany) of the recirculating water body was recorded daily using commercial test kits.

2.5 Growth performance

Individual body wet weight and whole tank wet weight (biomass) in g were determined on day 0, 16, 32 and 48. After weighing the individuals of a particular tank the group were placed in a different tank to account for any tank-specific effects. Trout were anesthetised using tricaine methanesulfonate (MS-222; Sigma-Aldrich, Germany) before the weighing procedure started. Specific growth rate (SGR, % weight gain per day) was calculated from the tank biomass using the formula SGR = (ln(end biomass) – ln(start biomass))/14 days ×100. Feed conversion ratio (FCR) was calculated using the mass of food ingested and group weight as FCR = feed intake [g] / weight gain [g].

2.6 Metabolic data

Oxygen consumption (OC) and total ammonia nitrogen (TAN) excretion rates were calculated according to the difference between the tanks housing fish and the fish-less reference tank (including microbial background respiration), along with a correction to account for the washout effect, as outlined in Stiller et al. (2013). The metabolic rates of a measuring cycle were normalised to a daily specific calculated metabolic body weight (MBW) and expressed as [mg h⁻¹ kg^{-0.8}] (Azevedo et al., 1998; Cho and Kaushik, 1985; Killen et al., 2010). The degree of protein utilisation for energy metabolism was estimated using the ammonia quotient (AQ) (Stiller et al., 2015), where values of 0.27 and 0 correspond to 100% and 0%, respectively, of aerobic energy demand met by amino acid catabolism (Gnaiger, 1983). The quotient for 100 % protein usage differs in literature (0.27 – 0.33, (Gnaiger, 1983; Kutty, 1978)), hence, the protein utilisation rates given in this paper are estimates, but sufficient for comparing relative treatment effects within a study. The AQ does not account for any excreted urea, whereas the nitrogen quotient does (Lauff and Wood, 1996a, b; Lauff and Wood, 1997). However, the AQ is likely to be close to the nitrogen quotient as teleost fish excrete the majority of nitrogenous waste as ammonia (Dostat et al., 1995; Dostat et al., 1996; Dalsgaard et al., 2015; Kajimura et al., 2004; Wood, 2001). In our study the AQ was calculated as excreted TAN [mol] / consumed O₂ [mol].

The last day of the five day DO period was used for calculating metabolic response in order to ensure longest animal environmental acclimatisation. The mean values between 10 PM-2 AM and 10 AM-2 PM were chosen for direct comparison between the UO and MO period of the experiment as these time blocks had the most constant readings within a diurnal curve of metabolite measurements and was deemed best for quantitative comparison for day and night response.

2.7 Energy budget

To estimate an average daily OC and TAN excretion for the EB, mean values from 12 PM to 6 AM were calculated for every tank on the fifth day of each DO period (periods of cleaning and the period from 4 to 6 PM when the water inflow was downregulated for the MO treatment were excluded). The EB was calculated on a daily basis and all results are given in $kJ kg^{-0.8} d^{-1}$. Calculations of the EB components were as follows:

Gross Energy intake (GE_{in}) per day:

 GE_{diet} [kJ g⁻¹ DM] x FI [g DM d⁻¹] / MBW [kg^{-0.8}];

Digestible Energy intake (DE_{in}) per day:

 $DE_{diet} [kJ g^{-1} DM] x FI [g DM d^{-1}] / MBW [kg^{-0.8}];$

 $DE_{diet} = 19.8 \pm 0.2$ kJ g⁻¹; HP =19.8 ± 0.5 kJ g⁻¹. Digestible energy were calculated according to Dietz et al. (2013). Faeces were collected by stripping fallowing the main experiment. Due to limiting fish numbers the DE_{diet} was only determined at 16 °C. Analysis of dietary, faecal energy and yttrium were done at Nofima BioLab (Fyllingsdalen, Norway) and at Skretting ARC (Stavanger, Norway), respectively.

Energy of non-fecal Nitrogen (EN):

TAN excretion plus estimated urea fraction [85 % $NH_3 + 15$ % Urea; (Dostat et al., 1995; Dostat et al., 1996; France and Kebreab, 2008), g day⁻¹] x energy of excreted protein [energetic equivalents for ammonia N = 24.9 kJ g⁻¹ and urea N = 23.1 kJ g⁻¹ (Elliott and Davison, 1975); estimated N content of protein = 16%, kJ g⁻¹] / MBW [kg^{-0.8}];

Metabolisable Energy (ME):

 $DE_{in} - EN.$

Retained Energy (RE):

ME - (mean average feeding oxygen consumption [g d⁻¹] x 13.6 kJ g⁻¹) (Dietz et al., 2013).

RE includes SDA and maintenance energy;

Specific Dynamic Action (SDA):

In this study the fasting day was used to define the baseline metabolism without the costs imposed by the SDA and associated feeding activity. To derive the OC associated with the SDA, the mean OC rate at fasting was subtracted from the OC at a specific experimental period. The energetic value was derived by using the conversion factor of 13.6 kJ per g consumed O_2 (Elliott and Davison, 1975).

2.8 Statistical analysis

The software package R (R Core Team, 2013) was used to statistically evaluate the data. According to the recommendations of Thorarensen et al. (2015), the data evaluation was based on an appropriate mixed model (Laird and Ware, 1982; Verbeke and Molenberghs, 2009). The data were modelled as normally distributed and heteroscedastic. The model included diet (SP, HP), temperature (12, 16, 20 °C), time of day (day, night) and oxygen condition (UO, MO), as well as all their interaction terms (two-, three- and four-fold) as fixed factors. The fish group and its interaction with time of day were regarded as random factors. Also, the interactions of the measurement values due to the several levels of experimental day were taken into account. The model was used to investigate differences between treatments via analysis of variance (ANOVA) and multiple contrast tests (Bretz et al., 2011; Schaarschmidt and Vaas, 2009). For the growth variables and whole body analysis the same repeated measures approach was used, with a simplified model only including diet, temperature and their interaction term as a fixed factor. Digestibility data was compared using a t-test. For all statistical analyses differences were considered to be significant at p<0.05.

3 Results

3.1 Water quality variables

With the exception of DO concentrations, the water quality during the trial was maintained in a state that would be considered as not harmful for fish health or growth. Nitrite values ranged between 0.2 to 0.3 mg l⁻¹, hardness from 5.5 to 8.3 °dH, pH between 6.0 to 8.1 (Hjeltnes et al., 2012), dissolved CO₂ below 8.2 mg l^{-1} (Good et al., 2010) and TAN below 0.4 mg l^{-1} (Hjeltnes et al., 2012; Schreckenbach, 2002). Figure 2 gives an overview of the daily pattern of DO concentrations and TAN concentrations of the tanks throughout the trial. The DO tank concentrations decreased substantially with increasing temperature for both the unmanipulated oxygen (UO) and manipulated oxygen (MO) period as a result of lowered O_2 solubility at elevated temperature. Consequently the DO concentrations at the maximum water inflow of 3001 h⁻¹ varied between the three temperature phases (TP) even though the feeding rate and biomass were almost constant for each TP. The effect of a down regulation of water inflow at 4 PM during the MO period can be seen as an abrupt decrease in DO concentration (Fig. 3-2). The daily pattern of TAN concentration in the test tanks gives a clear increase in NH₃ after the 10 AM feeding, and was consistently higher for the HP diet (Fig. 3-2). At the 16 °C and 20 °C TP the TAN concentrations slightly increased over the experimental days. The representative DO concentrations at the last (5th) day of each DO period (8 AM-4 PM) were

 $UO = 7.6 \pm 0.3 \text{ mg } l^{-1} / \text{MO} = 7.2 \pm 0.3 \text{ mg } l^{-1} (70\% \text{ DO}_{sat}) \text{ at } 12 \text{ °C},$ $UO = 5.7 \pm 0.2 \text{ mg } l^{-1} / \text{MO} = 5.4 \pm 0.2 \text{ mg } l^{-1} (60 \% \text{ DO}_{sat}) \text{ at } 16 \text{ °C} \text{ and}$ $UO = 4.6 \pm 0.1 \text{ mg } l^{-1} / \text{MO} = 4.1 \pm 0.2 \text{ mg } l^{-1} (50 \% \text{ DO}_{sat}) \text{ at } 20 \text{ °C}$ (Fig. 2-2). During the night (4 PM-8 AM) the DO values were

 $UO = 7.7 \pm 0.2 \text{ mg l}^{-1} (70\% \text{ DO}_{sat}) / \text{ MO} = 5.0 \pm 0.3 \text{ mg l}^{-1} (50\% \text{ DO}_{sat}) \text{ at } 12 \text{ }^{\circ}\text{C},$

UO = $6.1 \pm 0.3 \text{ mg } l^{-1} (60\% \text{ DO}_{sat}) / \text{MO} = 4.5 \pm 0.2 \text{ mg } l^{-1} (50\% \text{ DO}_{sat}) \text{ at } 16 \text{ }^{\circ}\text{C} \text{ and}$ UO = $4.7 \pm 0.2 \text{ mg } l^{-1} (50\% \text{ DO}_{sat}) / \text{MO} = 3.4 \pm 0.2 \text{ mg } l^{-1} (40\% \text{ DO}_{sat}) \text{ at } 20 \text{ }^{\circ}\text{C}.$

There were no obvious differences in fish behaviour observed at the different DO periods or TP.



Fig. 3-2: Dissolved oxygen and total ammonia nitrogen concentrations in the test tanks stocked with rainbow trout fed a standard protein diet (SP = 42.5% crude protein) and a high protein diet (HP = 49.5% crude protein). Data were recorded at three temperatures and under an unmanipulated oxygen period and a manipulated oxygen period. Fasting days are also reported.

3.2 Growth performance

No significant differences were detected between the diets in weight gain, feed intake, SGR or FCR (all comparisons p > 0.05). Despite a lack of difference between diets, there were clear differences over time as the fish grew and were exposed to different temperature blocks. The SGR decreased from 1.27% day⁻¹ to 0.81-0.87% day⁻¹, and the FCR increased from 0.78 to 1.20-1.27 (Table 2).

three temperatu	tre periods.											
Temperature	12	ç	16	2 2	20)°C	P	st hoc test betv	veen temperatu	ıre blocks with	in the same die	et
Feed	SP	HP	SP	HP	SP	HP		SP			HP	
Number of fish	50	50	42	42	35	35	12 vs 16 °C	12 vs 20 °C	16 vs 20 °C	12 vs 16 °C	12 vs 20 °C	16 vs 20 °C
Start weight [g]	73.2 ± 12.8	73.5 ±13.2	90.4 ± 22.3	90.4 ± 21.9	105.2 ± 31.4	105.6 ± 30.4	*	*	*	*	*	*
End weight [g]	89.6 ± 22.5	88.8 ± 21.4	103.0 ± 31.3	104.1 ± 32.4	120.7 ± 40.64	119.2 ± 38.9	*	*	*	*	*	
Start biomass [g]	3654.7 ± 8.2	3656.9 ± 6.0	3707.9 ± 28.0	3734.1 ± 5.9	3674.6 ± 41.1	3674.6 ± 15.8	*			*		*
End biomass [g]	4364.2 ± 21.5	4369.9 ± 31.5	4302.2 ± 57.6	4334.3 ± 17.1	4141.0 ± 46.3	4114.5 ± 27.8	I	*	*		*	*
WG [g]	709.6 ± 14.1	713.0 ± 25.5	594.30 ± 29.7	600.2 ± 17.8	466.4 ± 5.4	439.9 ± 33.3	*	*	*	*	*	*
FI [g]	555.4 ± 1.2	555.8 ± 1.0	563.46 ± 4.25	567.5 ± 0.9	558.1 ± 6.7	558.4 ± 2.4	*	ı	I	*		
SGR (% d ⁻¹)	1.27 ± 0.02	1.27 ± 0.0	1.06 ± 0.04	1.06 ± 0.03	0.85 ± 0.00	0.81 ± 0.06	*	*	*	*	*	*
FCR	0.78 ± 0.01	0.78 ± 0.0	0.95 ± 0.04	0.95 ± 0.03	1.20 ± 0.01	1.27 ± 0.10	*	*	*	*	*	*
WG = weight significant dif	t gain; $SGR = s_j$ ferences (*) bet	pecific growth tween tempers	h rate for 14 fee ature blocks wi	eding days; FI thin a diet. No	= feed intake; significant di	; FCR = feed c ifferences wer	conversion ra	tio. Values a	re mean ± SI ets within ea	D. Post hoc t ch temperatu	est columns tre period (p	indicate < 0.05).
С	~ ~	-			C					-	-	

Table 3-2: Comparison of growth variables of rainbow trout fed the standard protein (SP; 42.5% crude protein) and the high protein (HP; 49.5% crude protein) diet for

CHAPTER 3 The effect of diet, temperature and intermittent low oxygen on the metabolism of rainbow trout

3.3 Metabolic variables

3.3.1 Oxygen

Figure 3-2 summarises the diurnal pattern in DO concentration throughout the experiment. The large changes in DO concentration within each temperature block shown in Figure 2 are due to spontaneous activity associated with feeding and the SDA, and the effect of fasting is evident in all profiles as a drastic increase in DO concentration. Elevated temperatures were seen to decrease the DO concentration. The DO concentration profiles of the two diets broadly overlapped, however, at 12 °C the HP diet was generally below the SP diet (Fig. 3-2).

Table 3-3 compares the day and night mass specific oxygen consumption (OC) on the final feeding day of each two DO periods and the three TP. Temperature had a strong effect on OC ($F_{2,40}$ = 39.7, p=<0.01), where a 4 °C rise in temperature lead to an increase in OC of around 20 mg kg^{-0.8} h⁻¹, which was equivalent to a 25-30% elevation. The DO period was also observed to have a significant effect on OC ($F_{1,40}$ = 4.4, p=0.04). There was a general trend for a 3-14% higher mean OC in the MO period compared to the UO period for the same diet and time of day, however, the differences were only statistically significant for 16 °C for both diets and at 20°C for the SP diet (see Table 3-3). By comparing the nighttime DO periods for the SP diet there was 11% higher OC in the MO period for 16 °C and 20 °C. This difference in OC could not be detected by trout fed with the HP diet where the highest difference was 6%. As was observed in the continuous time plot of Figure 2 of the DO concentrations in the tanks, the mean OC of fish fed the SP diet tended to be lower (0-8%) than that of fish fed the HP diet under equivalent conditions (Table 3-3), however, this difference was not statistically significant ($F_{1,4}$ = 3.2, p = 0.15).

Period	_	nmampulated DU					đ	eriods
Diet	SP	НР	post hoc test	SP	HP	post hoc test	SP	HP
			Day 10	AM-2PM				
12 °C	119.8 ± 2.4^{a}	128.6 ± 8.4^{a}		128.9 ± 5.8^a	139.3 ± 16.3^{a}	ı	ı	I
16 °C	$146.9\pm4.8^{\rm b}$	152.0 ± 4.4^{b}	I	$156.0\pm1.8^{\rm b}$	$162.8\pm2.3^{\rm b}$	I	*	*
20 °C	$164.2 \pm 7.4^{\circ}$	$173.5\pm5.2^{\circ}$	I	186.4 ± 7.0^{c}	$186.1 \pm 3.4^{\circ}$	I	*	ı
			Night 10	0PM-2AM				
[2 °C	$111.8\pm5.7^{\alpha}$	$122.2\pm6.2^{\alpha}$	ı	$118.5\pm1.8^{\alpha}$	$125.8\pm3.2^{\alpha}$	ı	ı	ı
.6 °C	$128.0\pm1.2^\beta$	$134.6\pm6.3^{\alpha}$	ı	$142.6\pm2.8^\beta$	$142.3\pm3.1^{\beta}$	ı	*	*
so °C	$143.2\pm8.2^{\gamma}$	$155.6\pm5.6^{\beta}$	ı	$158.7\pm1.0^{\gamma}$	$162.2 \pm 2.9^{\gamma}$	ı	*	ı

3.3.2 Ammonia

Figure 3-2 summarises the diurnal pattern in TAN concentration in the test tanks throughout the experiment. The protein concentration difference of the two diets at 1% BW feeding had a noticeable effect on TAN concentration in the tanks and thus protein usage in catabolism. Prior to feeding the TAN concentration was at its lowest daily value. After feeding at 10 AM it increased steadily for 8-10 hours until it peaked at approximately twice the pre-feeding value. The TAN concertation in the tanks was consistently higher for fish fed the HP diet. The decreasing values during the fasting day lead to equal low values between the diets (Fig. 3-2).

The NH₃ excretion rate was standardised to the OC rate to derive the ammonia quotient (AQ) and estimated protein catabolism rates without urea and other N-fractions. Table 4 compares the day and night AQ on the final feeding day of each of the two DO periods and the three TP. Statistical analysis indicated that temperature had a significant effect on AQ (F_{2} , $_{38}=7.1$, p=<0.01), DO period had a significant effect on AQ ($F_{1, 38}=5.9$, p=0.02), and temperature and DO period had a significant interaction ($F_{2, 38}$ =13.4, p=<0.01). The catabolic protein fuel use tended to be lowest at 16 °C and higher at 12 and 20 °C (Table 3-4). Low nightly DO concentrations tended to not significantly increase the rate of protein fuel use. Statistically significant differences in DO period were detected only for 16 °C for fish fed the HP diet for nightly measurements and for both diets at daytime measurements. Comparison of the AQ shown in Table 4 suggests that diet had a marked and consistent effect on protein fuel use, as within each temperature and DO period trout fed the HP diet consistently used more protein for aerobic metabolism compared to the SP diet. Statistical analysis confirmed that dietary protein contend of the diet had a significant effect on the AQ ($F_{1,4}$ =36.0, p=<0.01), and post-hoc testing indicated that the significant differences were mainly present during the night. The relative protein usage was approximately 30-40% higher for the HP diet.

rout fed a	ted (MO)	10 period	
rainbow t	nmanipula	UO and N	
results of	d and a u	th day of	
hoc test	JO) period	rom the 5	-
and post	oxygen (l	vas used f	
olism [%	nipulated	ght data v	
rgy metab	it a unmai	ay and ni	
ige in ener	protein) a	values). D	
rotein usa	% crude	(= night v	
relative p	HP = 49.5	PM-2AM	_
ontent of	ein diet (F	s) and 10I	
protein c	high prote	lay values	
ct of diet	n) and a l	2PM (= d	
f the effe	de protei	n 10AM-	
parison o	-2.5% cru	vales fror	
ative com	it $(SP = 4)$	neasured	ture phase
: Quantita	rotein die	nean of n	r temperat
Fable 3-4 :	standard p	period as 1	rom every

Period	ן	Jnmanipulated DC			Manipulated DO		Post hoc te p(st between DO eriods
Diet	SP	HP	post hoc test	SP	HP	post hoc test	SP	HP
			Day 10	AM-2PM				
12 °C	20.4 ± 2.1^{a}	27.6 ± 1.8^{a}	I	18.8 ± 1.8^{a}	25.8 ± 1.9^{ab}	*	1	ı
16 °C	$15.8\pm0.2^{\mathrm{b}}$	$20.9\pm1.0^{\mathrm{b}}$	I	19.0 ± 1.0^{a}	24.1 ± 1.8^{a}	I	*	*
20 °C	$19.0\pm1.2^{\rm ab}$	$25.8\pm0.8^{\rm a}$	ı	$21.3\pm0.7^{\rm a}$	28.4 ± 3.6^{b}	I	ı	,
	_		Night 1	0PM-2AM				
12 °C	25.2 ± 1.7^{lpha}	$35.6 \pm 1.9^{\alpha}$	*	$24.4 \pm 1.4^{\alpha}$	$34.8\pm1.7^{\alpha}$	*	I	I
16 °C	$19.5\pm0.8^\beta$	$26.7\pm1.5^\beta$	*	$21.1\pm0.9^{\beta}$	$30.3\pm1.6^{\beta}$	*		*
20 °C	$22.1\pm0.6^{\alpha\beta}$	$31.2\pm1.7^\beta$	*	$24.2\pm0.8^{\alpha\beta}$	$31.8\pm0.5^{\alpha\beta}$	*	1	ı
Values are mean < 0.05). Dissolve	 (± SD) of triplicate ta 1 oxygen (DO) conce	unks; within each co untrations in the Tes	 Iumn temperature vi t tanks: UO and MO 	alues with different s day $12 \circ C = 70\%$. 1.	uperscript letters are $\frac{1}{6} \circ C = 60\%$. 20 $\circ C 50$	 significantly different %. MO night (grav b	 t (*) (day: a, b, c; ackground): 12 ^c	; night: α , β , γ ; p °C = 50%. 16 °C

3.3.3 Energy budget

Diet had a significant effect on Energy of non-fecal Nitrogen (EN) ($F_{1,4}=334.8$, p=<0.01), which was 26-33% higher for the HP diet compared to the SP diet. Temperature had a significant effect on EN ($F_{2,20}=136.8$, p=<0.01), and temperature and DO period had a combined significant interaction ($F_{2,20}=36.1$, p=<0.01). While there was no substantial change in EN between 12-16 °C, there was a 21-26% increase between 16-20°C. An effect of DO period on EN was only observed at 16 and 20°C. Statistical analysis indicated that diet $(F_{1,4}=126.9, p=<0.01)$, temperature $(F_{2,20}=177.0, p=<0.01)$, DO period $(F_{1,20}=185.7, p<0.01)$, and temperature and DO period interaction ($F_{2,20}=20.1$, p=<0.01) had a significant effect on the resulting Metabolisable Energy (ME). The ME was 1-2% lower for the HP diet, it decreased by 1-3% between 12 - 20°C, and was 1-2% higher during the MO period. While the Specific Dynamic Action (SDA) tended to be lower for the SP diet, none of the analysed variables had a significant effect on SDA. The SDA during the MO period was 22% (12 °C), 23% (16 °C) and 42% (20 °C) higher for the SP diet and 10% (12 °C), 13% (16 °C) and 18 % (20 °C) for the HP diet compared to the UO period. Diet ($F_{1,4}$ =18.1, p=0.01) and temperature $(F_{2,20}=19.4, p=<0.01)$ had a significant effect on Retained Energy (RE), however, the DO period did not differ ($F_{1,20}=0.4$, p=0.55). The RE data showed a large decrease (12-15%) between 12 - 20°C and the HP diet resulted in 3-8% lower RE than the SP diet.

Temperature	DO Period	Diet	GE _{in}	DE _{in}	EN	ME	SDA	RE
		SP	141.3 ± 0.2^{a}	$119.7\pm0.1^{\rm a}$	3.7 ± 0.2^{a}	$116.0\pm0.3^{\rm a}$	7.3 ± 0.3^{a}	78.8 ± 1.2^{a}
		HP	$140.2\pm0.3^{\alpha}$	$119.3\pm0.3^{\alpha}$	$5.6\pm0.0^{\alpha}$	$113.7\pm0.2^{\alpha}$	$9.4\pm2.6^{\alpha}$	72.9 ± 2.3^{a}
I	Post hoc test between diets: 12°C UO:	SP vs. HP	*	ı	*	*	1	*
, c c	Od Fatalana M	SP	142.9 ± 0.3 †	$121.0\pm0.2^{\dagger}$	$3.7\pm0.2^{\dagger}$	$117.4\pm0.2^{\dagger}$	$9.4\pm0.5^{\dagger}$	$78.1\pm0.9^{\dagger}$
דל ר	Mampulated DO	HP	$141.8\pm0.5^{\circ\circ}$	$120.7\pm0.4^{\infty}$	$5.5\pm0.1^{\circ}$	$115.2\pm0.4^{\circ\circ}$	$10.4\pm 2.5^{\infty *}$	$73.3 \pm 2.2^{\circ\circ}$
1	Post hoc test between diets: 12°C MO:	: SP vs. HP	*	ı	*	*	1	*
	Post hoc test between DO periods: 12°C SP: U	UO vs. MO	*	*	ı	*	*	I
	Post hoc test between DO periods: 12°C HP: 1	UO vs. MO	*	*	ı	*	ı	I
		SP	143.6 ± 0.2^{b}	121.6 ± 0.2^{b}	$3.5\pm0.2^{\mathrm{a}}$	$118.2 \pm 0.1^{\rm b}$	9.7 ± 1.1^{b}	73.6 ± 0.8^{b}
	Unmanipulated DO	HP	$142.7\pm0.3^{\beta}$	$121.5\pm0.3^\beta$	5.0 ± 0.2^{eta}	$116.5\pm0.2^{\beta}$	$11.0\pm1.2^{\beta}$	70.0 ± 1.7^{b}
I	Post hoc test between diets: 16°C UO:	SP vs. HP	I		*	*	1	1
, , , , , , , , , , , , , , , , , , ,		SP	$146.4\pm0.4^{\ddagger}$	$124.0\pm0.4^{\ddagger}$	$4.1\pm0.2^{\ddagger}$	$119.9 \pm 0.1^{*}$	$12.6\pm0.8^{\dagger}$	$72.5\pm0.5^{*}$
oT I	Mampulated DO	HP	$145.5\pm0.5^\bullet$	$123.8 \pm 0.4^{\circ}$	$5.8\pm0.1^{lpha *}$	118.1 ± 0.3	$12.6\pm0.8^{\bullet}$	70.0 ± 0.3
1	Post hoc test between diets: 16°C MO:	: SP vs. HP	1	1	*	*		1
	Post hoc test between DO periods: 16°C SP: U	UO vs. MO	*	*	*	*	*	I
	Post hoc test between DO periods: 16°C HP: 1	UO vs. MO	*	*	*	*	ı	I
		SP	$145.3 \pm 0.3^{\circ}$	$123.1\pm0.3^{\circ}$	$4.5\pm0.1^{ m b}$	$118.6 \pm 0.3^{\rm b}$	$7.7 \pm 4.3^{\circ}$	69.3 ± 2.2^{b}
	Unmanipulated DO	HP	$144.6\pm0.6^{\rm V}$	$123.1\pm0.5^{\gamma}$	$6.7\pm0.1^{\gamma}$	$116.4\pm0.6^{\beta}$	$11.6\pm1.0^{\gamma}$	$63.6\pm2.2^{\gamma}$
	Post hoc test between diets:12°C UO:	SP vs. HP	I	I	*	*	1	1
J. UC	Monimulation DO	SP	$149.3\pm0.5^{\dagger}$	$126.4\pm0.4^{*}$	$5.3\pm0.1^{\dagger}$	$121.2\pm0.4^{*}$	$13.2 \pm 0.9^{\ddagger}$	$66.4\pm1.6^{*}$
70 C	Mainpurated DO	HP	$149.0\pm1.0^\circ$	$126.8\pm 0.9^{\circ}$	7.2 ± 0.1	$119.6\pm0.8^{\circ}$	$14.1 \pm 3.1^{\circ}$	$64.2\pm0.3^{\circ}$
	Post hoc test between diets: 20°C MO:	: SP vs. HP	I	I	*	ı	ı	I
	Post hoc test between DO periods: 20°C SP: U	UO vs. MO	*	*	*	*	*	I
	Post hoc test between DO periods: 20°C HP: 1	UO vs. MO	*	*	*	*	ı	I
\overline{GE} , Gross energy; Values are mean \pm	: DE, Digestible energy; EN, Energy of non-fecal = SD of triplicate feeding groups; superscript lette	l nitrogen; MH ers (UO SP: ^a ,	3, metabolizable ^b , ^c ; UO HP ^α , ^β	energy; RE, re $^{\gamma}$; MO SP: † , ‡	etained energy $, \frac{1}{2}$; MO HP $^{\circ}, \cdot$	r; SDA, relative , ⁰) denote post	e Specific dyna t hoc test group	umic action.
temperatures. Sigr $12 ^{\circ}\text{C} = 70\%$, $16 ^{\circ}$	ifficant differences for diet and oxygen period are $^{\circ}C = 60\%$, 20 $^{\circ}C 50\%$, MO night (gray backgroun	e presented as nd): $12 \circ C = 5$	(*)(p < 0.05). I 0%, 16 °C = 50	Dissolved oxyg $\%, 20 ^{\circ}\text{C} = 409$	en (DO) conce %.	entrations in the	e Test tanks: U	JO and MO day

The energy budget data is visually represented in Figure 3-3, which compares the metabolised and retained energy when the data is normalised to the quantity of digestible energy consumed (Azevedo et all., 1998). The normalised RE (RE^{*}) decreased markedly with increasing temperature (a maximum 12% absolute decrease), whereas normalised ME (ME^{*}) only decreased slightly (maximum 1.3%) over the same range (Fig. 3). While the MO period tended to result in lower ME^{*} and RE^{*}, diet was observed to have a larger effect. The HP diet consistently resulted in lower ME^{*} (1.2 – 1.8%) and RE^{*} (1.9 – 4.8%) values compared to the SP diet (Fig. 3-3).



Fig. 3-3: Metabolisable energy and retained energy (% digestible energy) of rainbow trout fed a standard protein diet (SP = 42.5% crude protein) and a high protein diet (HP = 49.5% crude protein) reared under an unmanipulated oxygen [black bars] and a manipulated oxygen [grey bars] period. Test tanks oxygen concentrations were at: $12 \degree C = 70\%$, $16 \degree C = 60\%$ and $20 \degree C 50\%$ for both oxygen periods at the day (8 AM to 4 PM). Intermitted low oxygen challenge concentrations at the night (4 PM to 8 PM) in the manipulated oxygen period were at: $12 \degree C = 50\%$, $16 \degree C = 50\%$ and $20 \degree C = 40\%$. Presented values were calculated as mean between 12 AM to 6 AM from the 5th day of each oxygen period and experimental temperature. Different superscript letters indicate significant difference between diets (unmanipulated oxygen period: α , β). Difference in oxygen period were indicated by an X inserted into the bar (p < 0.05).

4 Discussion

The experiment described in the current study used the common approach (Glencross, 2009; Remen et al., 2013; Tran-Duy et al., 2008; Yang et al., 2014) of down-regulating water throughput rate to create a DO challenge. These studies have the disadvantage that many water quality factors other than DO change simultaneously as the turnover through a tank decreases. The present study used high precision CO_2 and NH_3 analysers to measure whether these key water quality variables exceeded thresholds that would likely influence the metabolism of the animals during periods of reduced water exchange. It was determined that CO_2 and TAN concentrations in the present study were below 8.2 mg l⁻¹ dissolved CO_2 (Good et al., 2010) and below 0.4 mg l⁻¹ TAN (Colt, 2006) which likely not affected the fish (Hjeltnes et al., 2012; Timmons and Ebeling, 2010). As a result main variables to consider in terms of the results were the target variables of temperature, diet and DO.

The animals in our study acclimated fast and their metabolism quickly stabilised to new temperature conditions and the moderately challenging nighttime DO conditions. This observation is in line with the wide temperature tolerance reported for the species (Wallace et al.; 1993) and their ability to endure moderately hypoxic waters (Matthews and Berg, 1997). The poorer SGR and FCR observed with increasing temperature and experimental time was likely attributable to temperature effects (Cho, 1992). Metabolic rate increases with temperature so that beyond an optimal range elevated energy demand diverts nutrients towards fuel pathways rather than growth (Fry, 1971; Linton et al., 1998; Morgan et al., 2001). This pattern was observed in the current study, where metabolic rate increased with temperature and growth and normalised retained energy (RE^{*}) decreased.

There was no difference in growth rate observed between the two diets, however, growth differences would not likely be observable over a short period such as two weeks. The protein fuel utilisation for fish fed the HP diet at 16 °C are comparable to those reported by Alsop and

Wood (1997) (approximately 25%) for juvenile rainbow trout on a similar diet and ration size (50% protein diet, 1% BW per day). The authors Alsop and Wood (1997) measured ammonia and urea 1 h prior to feeding and 8 h post feeding, and reported protein fuel utilisation as a daily mean value. Analysis of the daily NH₃ excretion pattern curves from the current study indicate that Alsop and Wood (1997) likely sampled time points that represented the minimum and maximum excretion rates. Estimated protein catabolism rates were comparable between the studies (for the HP diet, a comparable diet to that used by Alsop and Wood (1997)). The present study did not measure urea excretion, which may indicate that true protein catabolism rates of fish in the current study may be higher (France and Kebreab, 2008), however, the analysis presented in the present study excluded pre-feeding ammonia excretion rates values, which complicates direct comparison of absolute rates.

The ammonia quotient (AQ) data of this experiment suggested that fish fed the HP diet were metabolising more protein as a fuel source than fish fed SP diet. In combination with a lower RE* it appears that the 7% higher protein inclusion in the HP diet was used in catabolism and was not invested in improved growth. Alsop and Wood (1997) have suggested that the use of protein as a fuel source is strongly dependent on protein intake quantity and quality (Wilson, 2002). The results from our study propose a similar point, namely that dietary protein supply beyond an upper limit increased dietary protein catabolism. The preferred metabolic pathways are probably fixed ontogenetically (Carter et al., 2008; Glazier, 2015) and protein is used as a fuel depending on the dietary content, quality and variation from the optimum environmental temperature (Dumas et al., 2010). The finding of no observable advantage of a high protein supply under challenging conditions aligns with a study of Atlantic salmon (*Salmo salmar*) fed diets from 41 to 45% crude protein at around 60% DO_{sat} (Carter et al., 2008). Other studies with Barramundi (*Lates calcariferii*) report that a high protein diet reduces the impact of growth retardation at higher temperatures (Carter et al., 2008; Glencross and Rutherford, 2010).

Glencross (2009) concluded that protein utilisation at low DO levels was independent of the DO content of the surrounding water. This is in agreement with the measurements of the AQ in our experiment. The juvenile rainbow trout were not observed to consistently catabolise more protein under low DO conditions for either diet. In general the manipulated oxygen (MO) period tended to elevate oxygen consumption (OC) for fish fed both diets between 3-14%. The higher OC may be attributable to physiological and behavioural actions that were required to cope with suboptimal DO conditions, such as elevated swimming, heart and ventilation rate and prolonged digestion (Cameron, 1971; Hughes and Saunders, 1970; Itazawa, 1970; Jones, 1971; Kramer, 1987; Kutty, 1968; Randall and Schmith, 1967; Wang et al., 2009). The intermittent nighttime low DO challenge resulted in an 11% higher nighttime OC between the unmanipulated oxygen (UO) and MO periods at 16 and 20 °C for fish fed the SP diet. However, fish fed the HP diet increased OC by a maximum of 6% under equivalent conditions. The results of the EB indicated a small but consistent reduction in RE* under intermittent low DO conditions, which may lead to a loss of growth performance. Longer periods of low DO conditions might also lead to differences in growth and body composition between the test diets. Also the RE* values for the HP diet were consistently lower compared to the SP diet, although the difference was small in magnitude. In addition, for fish fed the SP diet the increased temperature lead to a bigger difference in RE* between the DO periods. These differences between diets suggest that a high protein diet had some effect in moderating the metabolic rate under challenging DO conditions. However, a high protein diet was also observed to generally elevate OC and lower RE*, meaning the HP diet gave no net benefit under challenging conditions. While feed intake is a key variable known to be affected by low DO conditions (Carter et al., 2008; Chabot and Claireaux, 2008; Herrmann et al., 1962; Tran-Duy et al., 2008; Yang et al., 2014), the intermittent nighttime DO period in the current study was not observed to have any effect on the feed intake. However, the restricted ration size used in the current study would be considered low for rainbow trout (Cho, 1992) and there

may be effects of intermittent DO on feed intake at higher ration sizes or with unrestricted feeding.

Fish fed the HP diet tended to have slightly higher (0-8%) OC than animals fed the SP diet and the EB analysis suggested the energy retained by fish fed the HP diet was consistently lower than that of fish reared on the SP diet, although the difference was small in magnitude. The elevated OC rate and lower energy retention observed for fish fed on the HP diet compared to the SP diet may be related to differences in metabolic fuel use. The production of 1 KJ of energy via ammonotelic catabolism of protein theoretically requires 74.1 mg O₂, whereas lipid and glucose require only 71.6 mg and 67.1 mg O₂, respectively (Heldmaier and Neuweiler, 2004). The SP diet had higher inclusion rates of lipid and starch (to maintain comparable energy value with the HP diet) and these fuels require less O₂ for oxidative catabolism, so it may have been that fish metabolising the SP diet were utilising a fuel mix that was less oxygen demanding than fish metabolising the HP diet. Saravanan (2013) reported that diet-induced oxygen use declined with increasing dietary fat energy for rainbow trout, which is congruent with findings from the present study.

5 Conclusion

The goal of the present study was to observe any changes in metabolic rate and protein fuel use of juvenile rainbow trout under different temperature, diet and dissolved oxygen periods. Further we aimed to evaluate whether a high protein diet is a valuable (albeit more expensive) method to support fish metabolism during challenging conditions. For both diets catabolic protein usage was lowest at 16 °C and was not altered under challenging dissolved oxygen conditions. A standardised protein supply was found to have obvious benefits over a high protein diet under the optimal environmental conditions and temperature tested in this study. Protein fuel use was consistently 40% higher for fish fed the HP diet at all tested temperatures. The manipulated oxygen period significantly affected the normalised retained

energy and oxygen consumption for fish fed the SP diet, meaning that the beneficial effect under optimal conditions was lost under challenging conditions. This interesting observation should be considered in further special application diet studies to optimise and stabilise nutrient utilisation under common challenging environments.

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GENERAL DISCUSSION

The present thesis describes the evaluation process of an online recirculating aquaculture respirometer system (RARS) for studying fish metabolism under challenging water quality conditions relevant to aquaculture. In this thesis the RARS was used to study in detail a range of variables relevant to aquaculture production, specifically the effects of dietary composition, oxygen concentrations and metabolite waste accumulation on fish health and performance. The results are described and discussed in the three research chapters of this thesis, and can be summarized as follows.

The first chapter describes the technical development, improvement, testing and verification of the RARS. The key RARS elements investigated were a temperature stabilization system and high precision CO₂ and NH₃ analyzers for measuring waste metabolite concentrations and protein catabolism. The automated metabolite analyzers could operate in both fresh and seawater, and offered a level of precision and accuracy that exceed most systems reported to date. The chapter reports on the performance of these instruments for aquaculture research in two trials using a freshwater (rainbow trout, *Oncorhynchus mykiss*) and seawater fish species (turbot, *Scophthalmus maximus*). To derive the metabolic rates and experimental adaptions for trial evaluation particular attention needed to be given to the water retention characteristics and washout modelling of the tanks, as flow-through respirometers can otherwise have limited utility due to uncertainties regarding instantaneous metabolic rates.

In the second chapter the results of a CO_2 accumulation study was carried out with turbot is presented. It is concluded that the loss of growth and condition of turbot reared at elevated CO_2 concentrations results from decreased feed intake and an increased reliance on protein as a fuel source. In the third chapter the influence of dietary protein inclusion rate on catabolic fuel use of rainbow trought is investigated under nightly low oxygen concentrations and different temperatures. The protein catabolism rate was found to be 40% higher for a high-protein diet (HP) compared to a standard-protein (SP) diet. The protein fuel use was not influenced by low-oxygen events and was lowest for both diets at 16 °C. The low-oxygen period resulted in an increase of oxygen consumption (SP=11%, HP=6%) and a decrease of retained energy. Although there was no net benefit over the SP diet, the HP diet was associated with a generally higher oxygen consumption (0-8%) and lower retained energy (1.9–4.8% digestible energy) and appeared to moderate the degree of change in oxygen consumption and retained energy during the low-oxygen period.

Accurate implementation of technology and elaborated experiments demonstrated that the RARS can be used for creative experiments in the field of applied and basal aquaculture research. The subsequent section will discuss the potential of the RARS for aquaculture research, i. e. for manipulations of environmental parameters, water quality monitoring, online controlled respirometer studies, effects of waste metabolites, and the usage of waste metabolite data to evaluate protein usage as metabolic fuel.

1 Aquaculture systems

It has been verified that reproducible environmental manipulations (CO₂, O₂ and temperature) for different aquaculture methods could be simulated and monitored precisely by the installed measuring technique and recorded by the computer system of the RARS (Chapter 2 & 3).

Diurnal oxygen depletion, suboptimal temperatures and water exchange fluctuations (Chapter 3) are an issue in cage farming facilities (Carter et al., 2008; Enders and Boisclair, 2016; Remen et al., 2013). The RARS, with the installed temperature compensation and flow regulation system, allowed an elaborated measuring profile based experiment to simulate different farming conditions. The controlled reduction of the water flow-rates (see Chapter 3)

causes a lower O_2 -supply to simulate night-time cage farming conditions and induces higher CO_2 - and NH₃ accumulation in the tanks. Similar to most of the intensive production systems (Ben-Asher et al., 2013; Fivelstad, 2013) but even more pronounced RAS are susceptible to CO_2 accumulation since the water exchange is minimized in comparison to flow-through and cage systems (Borges et al., 2012; Fivelstad, 2013; Good et al., 2010; Terjesen et al., 2013). By the help of the installed CO_2 gassing system a pure CO_2 accumulation study for a long-term analyzer test (see Chapter 2) has been performed to simulate challenging high rearing density conditions.

In RASs CO₂ accumulation is usually an issue of CO₂ removing efficacy that is directly related to the costs of the used technology and the amount of water exchange (Barrut et al., 2012; Fivelstad, 2013; Moran, 2010a, b; Noble et al., 2012). Aquacultural engineers invented a large variety on technical solutions to solve the hypercapnia problem in fish production (Summerfelt et al., 2000) with simple aeration systems in ponds (Boyd and Tucker, 2012), gas relaxation systems as cascades (Moran, 2010a) or with new CO₂ striping technologies like vacuum airlifts in RAS systems (Barrut et al., 2012). New research focus on energy-saving technical solutions by using online CO₂ sensors that give feedback to regulate the ventilation frequency of the degassing unit's fan (Summerfelt et al., 2015a).

Until now, one obvious technical limitation was the fact that environmental parameters like the temperature could not be changed within individual tanks. For evaluation of potentially effects of different water quality parameters on fish metabolism the experiments had to be performed sequentially. It would be desirable to separate the tanks or groups of tanks to run experiments simultaneously with varying environmental parameters.

2 Water quality monitoring

The validation of the sensors in Chapter 1 provided the guidelines for the following long-term experiments in Chapter 2 & 3.

In all chapters of this thesis an ordinary amperometric sensor for O_2 was used (Friehs et al., 2005). O_2 can be quantified fast and precisely for decades (Gnaiger and Forstner, 1983; Kramer, 1987). Amperometric sensors are based on an electrolyte that leads to a drift in the measuring signal so that a reasonable calibration interval had to be considered for each experiment. To obtain absolute O_2 concentrations a time intensive, cumbersome and inconvenient standardized calibration of the probe had to be done daily (Chapter 3). The sensor drift could be neglected for calculating metabolic rates within a measuring cycle because the long-term drift was too low to be detectable within a 2.5 hours measuring cycle. However, for future long-term respirometry studies it would be beneficial to use an optical probe that do not or at least less frequently need recalibrations (Moran et al., 2014; Svendsen et al., 2011).

The headspace flow-through online prototype infrared CO₂ analyzer that was used in this thesis is faster and more accurate than those which are usually available on the aquaculture market (Moran et al., 2010; Pfeiffer et al., 2011; Stiller et al., 2014) (Chapter I). For measuring dissolved CO₂ online in aquaculture the following technologies exist (Stiller et al., 2014): ion selective electrode (ISE) combined with a gas permeable membrane (Severinghaus principle) (Foss et al., 2003), fluorescence lifetime based measurements (Atamanchuk et al., 2014), solid state detector measurements (Holan and Kolarevic, 2015) and spectroscopy (Pfeiffer et al., 2011). For the dissolved CO₂ measurements in the beginning of this thesis a Severinghaus CO₂ probe and a standard infrared meter for aquaculture had been tested. These were finally replaced due to their extremely slow response time and low measurement accuracy (Borges et al., 2012; Moran et al., 2010; Pfeiffer et al., 2011). A solid state detector

based system (Summerfelt et al., 2015a) that is very stable and does not need extensive calibration was not used due, large size and long response time while fluorescence lifetime measurement based optodes are hardly available and just started its commercialization (Atamanchuk et al., 2014).

The dissolved CO_2 analyzer system is normally used for concentrations from almost 0 ppm to 1000 ppm and not for more than 10 times higher concentrations that can occur in aquaculture facilities (Ben-Asher et al., 2013; Fivelstad, 2013; Heuer and Grosell, 2014; Moran and Støttrup, 2011). Our monitoring study (Chapter 2) has been designed to use the entire measurement range of the analyzer. It documented precisely and fast the resulting higher CO_2 accumulation in the tanks during the down-regulation of the water flow-rates (Chapter 3). The resolution was good enough to monitor diurnal curves of the relative CO_2 production (Chapter I).

For the RARS the analyzer had been adapted as a fast head space flow-through system and was found to work extremely well for aquaculture applications. In its original form (as a membrane based flow-through system) it is used mainly for ocean acidification studies (Bakker et al., 2014) but the setting options are remarkably versatile and the measuring range appropriate for aquaculture applications (Moran et al., 2010).

However, there is still a lack of fast, affordable, user-friendly and precise dissolved CO_2 measuring technologies for aquaculture but a lot of effort is made at the moment (Atamanchuk et al., 2014; Kolarevic et al, 2015).

For TAN measurements in all three chapters an adapted loop flow auto-analyzer with sample filtration and auto sampling has been used. After some modifications the installed TAN analyzer performed extremely well in the RARS. The measuring range had been chosen to a maximal value of 1 mg 1^{-1} TAN. However, in no experiment of this thesis the measurement reading has been higher than that. This was not the normal range for the used measuring cell (around 0.4 mg 1^{-1}) for an analyzer that can measure precisely down to 0.01 mg

 Γ^{1} . The manufacturer used a special formula to expand the measuring range of the system for higher values. They had adapted the analyzer for a measuring procedure of 10 min per tank but carry over effects could be seen in pre experimental measurements. Therefore, the intern sampling and wash times had to be extended so that the time for sampling and fluorometric analysis was around 12 minutes (see Chapter 1). To evaluate the NH₃ analyzer completely a trial that included different complex measuring profiles was carried out. The NH₃ analyzer was only used once a week at the 8 weeks experimental time (see Chapter 2). By analysis of the data it was realized that the analyzer was able to give a very good resolution in quite low ammonia concentrations (Chapter 2 & Chapter 3; in sea- and freshwater). The data also illustrate surprisingly well the diurnal variation of NH₃ excretion correlated with feeding and digestion (Dosdat et al., 1996; Gélineau et al., 1998). The analyzer was used continuously during the experiment of Chapter 3 without significant difficulties.

For the needed accuracy there was no other option than to buy an online system, that is operating with chemicals (Dosdat et al., 1996; Gélineau et al., 1998; Skov et al., 2015). Other online ammonia probes are available: Ion selective probes (ISE) can measure the ammonium ion (NH_4^+) directly or NH_3 by using a gas permeable membrane where the NH_3 can diffuse and react in an electrolyte to NH_4^+ followed by an ISE probe measurement. In some studies such probes were used (Sanz Rus et al., 2000) but were not established in aquaculture production (Zhou and Boyd, 2016). These kinds of probes were not accurate enough, drift and/or were not usable in seawater due to ion interference. However, membrane/ISE combination probes can be used in seawater. The development of user-friendly nitrogen waste production measuring probes is behind the development of online dissolved CO_2 measuring systems and needs also a lot of progress by aquacultural engineers (Kolarevic et al., 2015). A stable submergible probe would be desirable for online NH_3 monitoring and also solutions for nitrite and nitrate are needed.

3 Fish metabolism

3.1 Protein fuel use

NH₃ is the major nitrogenous waste product (around 85%, France and Kebreab, 2008) of the catabolic protein deamination reactions and can be measured as an excreted metabolite in water to estimate the proportion of metabolism fueled by protein catabolism. Kajimura et al. (2004) summarized the nitrogenous waste production for rainbow trout as follows: Ammonia-N (53–68%) and urea-N (6–10%), nitrogen as amino acids (4–10%) via the gills and as protein (3–11%) probably via the body mucus. Alternative nitrogen products – trimethylamine, trimethylamine oxide, uric acid, nitrite and nitrate – were not excreted in detectable quantities. Creatine-N and creatinine-N outputs were detected but contributed only a small fraction to total nitrogen excretion (<1.4%) and a considerable proportion (12–20%) of nitrogen excretion remains unknown.

Even if the information on the additional nitrogen excretion is vague, by evaluating the ammonia quotient (AQ, the ratio between NH₃ excreted and O₂ consumed) it will provide an estimate of protein versus lipid plus carbohydrate catabolism. The metabolic fuel hierarchy as energy substrates for carnivorous fish is: protein > lipid > starch (Glenncross et al., 2014). This strongly depends on the ingested protein amount. Chapter 2 & 3 demonstrates that fish can rely heavily on protein from the feed as an energy source particularly in the hours following feeding (Wood, 2001).

The first results from Chapter 2 show that the NH₃ analyzer can detect small differences in excreted NH₃ between the test tanks and is well suited for nutritional studies of catabolic protein utilization. The treatments in the different experiments could be separated in case of varying ingested protein amount firstly as amount of eaten feed (Chapter 2; ad libitum feeding) and secondly as amount of protein inclusion of a diet (Chapter 3; restricted feeding, 2 different diets). This was in good agreement with metabolic fuel use measurements of Alsop

and Wood (1997). The oxygen consumption rates differ based upon amount of food eaten (Chapter 1 & 2) whereas the restricted feeding study from Chapter 3 demonstrates that oxygen consumption rates do not differ between treatments, unlike the NH_3 excretion rate measurements. It is well-known that higher feed intake results in increased O_2 consumption (Alsop and Wood., 1997) whereas O_2 consumption rates of fish fed diets that differed in macro nutrient composition did not differ in most cases (Saravanan et al., 2013).

Chapter 2 and Chapter 3 consist of fish in different metabolic conditions (fed, fasting and starving) that could be identified directly in the calculated AQs or NH₃ excretion data. In Chapter 2 the AQ of apparently starving turbot was measured in the highest CO_2 treatment. At the end of the 8 week experiment the animals had the highest AQ compared to fish in the low CO_2 treatment. In contrast at the fasting day in Chapter 3 the rainbow trout had the lowest ammonia excretion. This is in good agreement with the three phases of starvation in fish: (I) a short transient phase, (II) a long, protein conservation steady state phase with mainly fat oxidation as the primary energy source (lipids as dominant metabolic fuel followed by carbohydrates and a low proportion of protein), and (III) a shift to protein mobilization as a main energy source (Bar, 2014).

One of the main targets of nutritional science is to minimize protein use to ensure levels are adequate for anabolism but not so high as to promote catabolism. For fish feed manufacturers the substitution of protein catabolism by lipid/carbohydrate fuel use is the key variable for cost savings and is called "protein sparing effect" (Schulz et al., 2007; Slawski et al., 2012). Future research with AQ measurement in the RARS can help to optimize diet composition for reaching the maximal protein sparing effect in a specific rearing environment.

3.2 Carbohydrate and lipid fuel use

The AQ alone would not give enough information to differentiate between the three MBFs (Jobling, 1994). For a quantification of all three species of primary energy sources the carbon

dioxide excretion is also needed (Gnaiger, 1983). The CO_2 production rate of aquatic breeders is the most difficult metabolite measurement in aqueous environments (Magnoni et al., 2013). In this thesis I tried to analyze the carbonate system with additional laboratory measurements in order to calculate CO_2 production rates more accurately.

In theory by having the pH and/or the alkalinity (Chapter 2) or one of the other components of the carbonate system it is possible to calculate the missing variables (Dichson et al., 2007; Stumm and Morgan, 1996). However, pH measured using an ISE probe has been found to have an accuracy in seawater of only 0.2 pH units (Illingworth, 1981). Accurate ISE pH measurements in seawater need special calibration buffers (Ben-Asher et al., 2013; Dickson et al., 2007). In freshwater where fewer ions interfere with the operation of ISE probes, standardized and frequent calibration with commercially available buffers are needed. In parallel to the testing of the CO₂ analyzer (Chapter 1) some ISE pH probes with detectable differences in the measurements were compared. These small differences in pH have a major impact on the calculation of the carbonate system variables (Ben-Asher et al., 2013). The ISE pH measurement system (see Chapter 1) as it was used in the RARS, even with standardized daily calibration intervals (see Chapter 3), was not accurate enough to calculate remaining carbonate variables. The installation of a spectrometric pH unit (Aßmann et al., 2011) could be an option for further extension of the water chemistry unit of the RARS in order to describe the carbonate system much better as with an ISE probe (McGraw et al., 2010).

Measurement of total inorganic carbon (TIC) in combination with dissolved CO₂ levels measured with a CO₂ analyzer (Chapter 3) was not precise enough for determining metabolic fuel from calculated respiratory quotients (RQ = 1 or 0.9 = 100% catabolic carbohydrates or protein use; RQ = 0.7 = 100% catabolic lipids use) (Gnaiger, 1983). The resulting RQ values were <0.7 indicating calculated CO₂ production rates were too low and consequently dissolved CO₂ and TIC data were not included in the diet evaluation of Chapter 3. There is indeed literature on CO_2 excretion rates of fish (Ozório et al., 2001; Ozório et al., 2010) but sometimes the effect of carbonate buffering has not been taken into account (Sanz Rus et al., 2000). As Magnoni et al. (2013) pointed out CO_2 excretion rates were difficult to measure and metabolic fuel use evaluations based on measured CO_2 values should be considered carefully. They also note correctly that since the late 1990s there has been no improvement of the "instantaneous method" from Wood and colleagues (Kieffer et al., 1998; Lauff and Wood, 1996a, b). Wood and colleagues used decarbonated water to avoid problems due to carbonate formation of excreted CO_2 (Kieffer et al., 1998; Lauff and Wood, 1996c) which they found not to affect their fish. However, this is not an option for long-term studies in RAS because the biofilter produces acid during nitrification which would lead to a severe drop in pH with negative effects on fish health and biofilter bacteria (Summerfelt et al., 2015b).

At the moment respirometric differentiation between catabolic carbohydrate and lipid use cannot be done under culture like conditions without a better measuring system of the carbonate chemistry. For further studies the installation of a precise online TIC and/or spectrometric pH analyzer in combination with the installed dissolved CO_2 measuring system would be an improvement for studying carbonate chemistry for aquaculture purposes and also for closing the gap in quantification of carbohydrates and lipids in metabolic fuel use.

4 Conclusion

In this thesis it has been verified that reproducible environmental manipulations (CO_2 , O_2 and temperature) for different aquaculture systems could be simulated, monitored precisely by the installed sensors and recorded by the RARS computer system. The utilized measuring technique for O_2 and NH_3 performed well and exactly so that the data processing was suitable to calculate metabolic rates. The different metabolic conditions of the fish (fed, fasting and starving) could be identified by the computed catabolic protein fuel usage. Quantitative

protein intake, as a result of feed intake or dietary protein content, could be identified by the designed RARS. Actually, respirometric differentiation between catabolic carbohydrate and lipid fuel use via the respiratory quotient is technically not possible as CO_2 determination under culture-like conditions is still too inaccurate, without a better measuring system for describing the carbonate chemistry in the fish tanks. The ammonia quotient alone can differentiate between protein versus lipid plus carbohydrate degradation, which could help to optimize protein sparing diets. Thus, within this thesis a highly flexible respiromer system for basal fish metabolism studies or applied nutritional experiments under changing environments was developed. This system opens new perspectives for aquaculture research, especially for optimized feed formulations.

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SUMMARY

Different aquaculture systems are influenced differently by the environment. For all methods, the water quality is the key factor for a successful fish production. The automation of intensive aquaculture with the help of online water quality measuring instruments has increased in recent decades. Monitoring and quantification of the metabolic end products carbon dioxide (CO₂) and ammonia (NH₃) in fish is still not easy, fast and precise. By measuring the gas metabolism of animals in a respirometer-system it is possible to study the energy metabolism. There are only few systems that allow long-term measurement under realistic production conditions. Such facilities need a lot of technology and are mostly adaptable to simulate a variety of artificial rearing conditions. For this purpose, these research units are designed as recirculating aquaculture system (RAS), where environmental influences can be kept almost constant. As a computerized stand-alone research facility with the ability for simulating various environmental conditions it is called recirculating aquaculture respirometer system (RARS). This thesis described the technical development and application possibilities of a RARS for metabolic studies of fish.

Chapter 1 described the RARS with the installed automated and semi-continuous detection of key water variables. The RARS was designed to house aquatic organisms in culture-like conditions and allow long-term, high-precision measurements. Nine respirometry tanks (250 l in volume each) housed animals and a tenth (without animals) acted as a reference tank. A single measurement unit made sequential measurements of each tank to eliminate the problem of sensor variation associated with multi-probe setups. The accuracies of the analyzers in relation to measurement range were: $O_2 = 1\%$; $CO_2 < 1\%$; $NH_3 = 2\%$; temperature $\leq 0.25\%$; and pH \pm 0.01. Dissolved CO₂ was measured using air-water equilibration coupled with nondispersive infrared detection of carrier gas, and NH₃ was quantified using a reagent-based assay and fluorometric autoanalyzer. Though expensive and not common in aquaculture or physiology research, these two automated metabolite analyzers could operate in both fresh and seawater, and offered high precision and accuracy. It is reported on the performance of these instruments for aquaculture research in two trials using a freshwater (rainbow trout, *Oncorhynchus mykiss*) and seawater fish species (turbot, *Scophthalmus maximus*).

Chapter 2 investigated if chronically elevated CO₂ concentrations have an effect on growth and catabolism of turbot. The aim was to investigate the growth, condition and protein catabolism of juvenile turbot (55-176 g) reared for 8 weeks at three different dissolved carbon dioxide concentrations: 5, 26, 42 mg l^{-1} (pH 7.37, 6.66, 6.44). A commercial diet was administered once per day until satiation. Oxygen consumption and ammonia excretion were measured weekly using high precision automated methods. Increased CO2 levels were associated with reduced condition factor, feed intake and weight gain. Compared to the low CO₂ treatment, the specific growth rates under the medium and high treatments were reduced by 21 % and 58 %, respectively. Feed conversion ratios were similar between treatments. The oxygen consumption rates broadly followed a dose-response pattern, where fish in the low CO₂ treatment exhibited the highest respiration rates. Comparison of ammonia quotients over time and at comparable feed intake showed the rates of protein catabolism correlated with CO₂ exposure levels. By the end of the 8 week trial fish from the high CO₂ treatment exhibited up to 3 times the protein catabolism rates observed in the low treatment, and the medium treatment was approximately intermediate between the two. The conclusion from the study was that the loss of growth and condition of turbot reared at elevated CO_2 concentrations can be traced to decreased feed intake and an increased reliance on protein as a fuel source.

Chapter 3 evaluated if the crude protein content of a standard diet (42.5% crude protein) or a high protein diet (49.5% crude protein) influences metabolism in rainbow trout under challenging intermittent low dissolved oxygen concentrations. Three temperature phases (12 °C, 16 °C, 20 °C) were split in two oxygen periods with 5 days of unmanipulated oxygen levels (50-70%), followed by 5 days of a manipulated oxygen period (4 PM-8 AM) with low oxygen (40-50%) levels. Protein catabolism was temperature independently 40% higher for the high protein diet, not influenced by low oxygen events and lowest at 16 °C for both diets. Compared to the unmanipulated oxygen period, the manipulated oxygen period resulted in an increase in oxygen consumption (standard diet=11%, high protein=6%), decrease in retained energy and stronger lowering of the retained energy at higher temperatures for fish fed the standard diet. The high protein diet appeared to moderate the degree of change in oxygen consumption and retained energy during the manipulated oxygen period, however, there was no net benefit over the standard diet as the high protein diet was associated with a generally higher oxygen consumption (0-8%) and lower retained energy (1.9–4.8% digestible energy).

In this thesis it has been verified that reproducible environmental manipulations (CO₂, O₂ and temperature) for different aquaculture systems could be simulated, monitored precisely by the installed sensors and recorded by the RARS computer system. The utilized measuring technique for O₂ and NH₃ performed well and exactly so that the data processing was suitable to calculate metabolic rates. The different metabolic conditions of the fish (fed, fasting and starving) could be identified by the computed catabolic protein fuel usage. Quantitative protein intake, as a result of feed intake or dietary protein content, could be identified by the designed RARS. Actually, respirometric differentiation between catabolic carbohydrate and lipid fuel use via the respiratory quotient is technically not possible as CO_2 determination under culture-like conditions is still too inaccurate, without a better measuring system for describing the carbonate chemistry in the fish tanks. The ammonia quotient alone can differentiate between protein versus lipid plus carbohydrate degradation, which could help to optimize protein sparing diets. Thus, within this thesis a highly flexible respiromer system for basal fish metabolism studies or applied nutritional experiments under changing environments was developed. This system opens new perspectives for aquaculture research, especially for optimized feed formulations.

ZUSAMMENFASSUNG

Unterschiedliche Aquakultur-Systeme sind unterschiedlich durch die Umwelt beeinflusst. Bei allen Methoden ist die Wasserqualität der entscheidende Faktor für eine erfolgreiche Fischproduktion. Die Technisierung der intensiven Aquakultur mit Hilfe von online-Wasserqualitätsmessgeräten hat in den letzten Jahrzehnten stark zugenommen. Das Überwachen und die Quantifizierung der Stoffwechselendprodukte Kohlenstoffdioxid (CO₂) und Ammoniak (NH₃) bei Fischen ist noch weit davon entfernt, einfach, schnell und genau zu sein. Bei der Messung des Gasstoffwechsels von Tieren in Respirometern können mit Hilfe der Messung des Sauerstoffgehaltes und der Stoffwechselendprodukte Aussagen über den Energiestoffwechsel der Tiere gemacht werden. Es gibt kaum Anlagen (sogenannte Respirometer-Systeme) oder auch nur Prototypen, die eine Langzeitmessung unter realistischen Produktionsbedingungen zulassen. Derartige Anlagen müssen dann in der Regel so hoch technisiert sein, dass eine Vielzahl künstlicher Haltungsbedingungen simuliert werden können. Hierzu geeignete Versuchsanlagen sind Kreislaufsysteme (RAS = recirculating aquaculture system), bei denen die meisten Haltungsumwelteinflüsse nahezu konstant gehalten werden können. Bei einer eigenständigen computergesteuerten Kreislauf-Respirometer-Versuchsanlage mit der Möglichkeit, diverse Haltungsbedingungen zu simulieren, kann von einem "recirculating aquaculture respirometer system (RARS)" gesprochen werden. In dieser Arbeit wurden die technische Entwicklung und Anwendungsmöglichkeiten eines RARS für metabolische Studien an Fischen beschrieben.

Kapitel 1 stellte das RARS und die eingebauten online Messgeräte vor. Das RARS wurde aufgebaut, um aquatische Organismen über längere Zeiträume unter praxisähnlichen Bedingungen zu halten, gekoppelt mit kontinuierlichen hoch genauen Messungen der Wasserqualität in den Haltungsbecken. Neun Becken mit jeweils 250 l wurden mit Tieren besetzt. Ein zehntes tierloses Becken diente als Referenz für die Berechnung von metabolischen Raten. Es ist eine Messtrecke mit allen Sensoren installiert worden, durch die das Probenwasser aller zehn Becken hintereinander geleitet wurde, um sensorbedingte Messwertunterschiede auszuschließen. Die Genauigkeiten der Sensoren, bezogen auf den Messbereich, waren: $O_2 = 1\%$; $CO_2 < 1\%$; $NH_3 = 2\%$; Temperatur $\leq 0.25\%$ und pH ± 0.01 . Das im Wasser gelöste CO_2 wurde in einem Gasraum in dem Durchfluss-System äquilibriert und das Trägergasgemisch mit einem nichtdispersiven Infrarotsensor gemessen. Der Gesamtammoniumstickstoff wurde fluorometrisch bestimmt und über ein automatisches Probennahme-, Bearbeitungs- und Reagenzdosier-system gemessen. Alle verwendeten Messgeräte zeigten ausgezeichnete Funktionalität in Süß- und Salzwasser. Die Praktikabilität des RARS wurden durch einige Beispielmessungen an Regenbogenforellen (*Oncorhynchus mykiss*) und Steinbutt, (*Scophthalmus maximus*) gezeigt.

Kapitel 2 beschrieb den chronischen Einfluss erhöhter CO₂-Konzentrationen auf das Wachstum und den Stoffwechsel von Steinbutt. Es wurden über 8 Wochen das Wachstum, der Korpulenz-Faktor und die Proteinkatabolismus-Raten von juvenilen Steinbutt (55-176 g) bei drei verschiedenen CO₂-Konzentrationen im Haltungswasser untersucht: 5, 26, 42 mg l⁻¹ (pH 7.37, 6.66, 6.44). Ein Standard-Steinbutt-Futtermittel wurde einmal pro Tag ad libitum gefüttert. Der Sauerstoffverbrauch und die Ammoniak-Ausscheidung wurden wöchentlich im RARS gemessen. Erhöhte CO₂-Konzentrationen führten zu reduzierter Futteraufnahme, Gewichtszunahme und geringerem Korpulenz-Faktor. Die spezifische Wachstumsrate bei Tieren, die unter den höchsten CO₂-Werten gehalten wurden, waren um 21% bzw. 58% reduziert, bezogen auf die Fische, die unter mittleren und niedrigen Konzentrationen gehalten wurden. Die Futtermittelverwertung war nicht durch die verschiedenen CO₂-Konzentrationen beeinflusst. Die Sauerstoffverbrauchsraten korrelierten mit der Menge des aufgenommenen Futtermittels, wobei die Fische in der niedrigen CO₂-Gruppe den höchsten Sauerstoffverbrauch aufwiesen. Es zeigte sich beim Vergleich mit dem Ammoniak-Quotienten (AQ), dass die katabole Proteinnutzung mit Erhöhung der CO₂-Konzentration zunahm. Am Ende der 8-wöchigen Studie wiesen die Fische, welche unter der höchsten CO₂-Konzentration gehalten wurden, eine 3-fache Proteinnutzung im Energiestoffwechsel auf, verglichen mit Tieren, die bei den niedrigsten Konzentrationen gehalten wurden. Die Werte der Tiere, die unter der mittleren CO₂-Konzentration gehalten wurden, lagen dazwischen. Schlussendlich waren die Wachstumseinbußen und die Verringerung des Korpulenz-Faktors der Steinbutt bei erhöhten CO₂-Konzentrationen maßgeblich durch eine abnehmende Futteraufnahme bedingt.

Kapitel 3 untersuchte, ob der Rohproteingehalt eines Standardprotein-Futtermittels (42,5% Rohprotein) oder eines Hochprotein-Futtermittels (49,5% Rohprotein) den Stoffwechsel unter nächtlich niedrigen Sauerstoffkonzentrationen beeinflusst. Dies wurde bei Temperaturen von 12, 16 und 20 °C untersucht. So wurde jeweils 5 Tage lang die Sauerstoffsättigung konstant bei 50-70% gehalten, gefolgt von 5 Tagen mit einer nächtlich (von 16:00 bis 8:00 Uhr) niedrigeren Sauerstoffsättigung von 40-50%. Es zeigte sich, dass der Proteinkatabolismus temperaturunabhängig grundsätzlich 40% höher für das Hochprotein-Futtermittel und nicht durch nächtlich niedrige Sauerstoff-Ereignisse beeinflusst war. Für beide Futtermittel war der katabole Proteinstoffwechsel am niedrigsten bei 16 °C. Für Fische, die mit dem Standardprotein-Futtermittel gefüttert wurden, zeigte sich im Vergleich zum Hochprotein-Futtermittel, dass es bei der nächtlichen Absenkung der Sauerstoffgehalte zu einer viel stärkeren Erhöhung des Sauerstoffverbrauchs kam (Standardprotein-Futtermittel=11%, Hochprotein-Futtermittels=6%), verglichen mit den Nächten ohne Absenkung der Sauerstoffkonzentration. Dies galt ebenfalls für die Abnahme der retinierten Energie, wobei die Differenzen zwischen den Sauerstoffkonzentrationen mit zunehmender Temperatur immer größer wurden. Somit scheint das Hochprotein-Futtermittel den Grad der Sauerstoff-Sensibilität abzuschwächen. Dies war jedoch kein Nettogewinn, da die Fütterung des Hochprotein-Futtermittels mit einem im Allgemeinen höheren Sauerstoffverbrauch (0-8%) und niedrigerer retinierter Energie (1,9-4,8% der verdaulichen Energie) verbunden war.

Die Ergebnisse der vorliegenden Arbeit zeigen, dass reproduzierbare Umwelt-Manipulationen (CO₂, O₂ und Temperatur) für verschiedene Aquakultur-Systeme simuliert und über die installierte Messtechnik überwacht, sowie durch das Computersystem des RARS aufgezeichnet werden konnten. Die verwendete Messtechnik für O2 und NH3 arbeitete zufriedenstellend und die Daten eigneten sich für die Berechnung von Stoffwechselraten. In den Versuchen konnten verschiedene Stoffwechselzustände von Fischen (gefüttert, fastend und hungernd) respiratorisch mit Hilfe der berechneten katabolen Proteinnutzung identifiziert werden. Weiterhin konnte die quantitative Proteinzufuhr als Folge von Futteraufnahme oder des Futtermittel-Proteingehaltes durch die Messungen mit dem RARS identifiziert werden. Zurzeit, ohne die Installation eines besseren Messsystems für die Beschreibung der Karbonat-Chemie, ist die katabole respirometrische Differenzierung zwischen Kohlenhydraten und Fetten, über den respiratorischen Quotienten, unter praxisnahmen Bedingungen nicht möglich. Der Ammonium-Quotient allein kann jedoch zwischen Protein-Katabolismus und der Summe aus Lipid- und Kohlenhydrat-Katabolismus differenzieren. Der Ammonium-Quotient kann für die Optimierung des Proteinanteils in Futtermitteln genutzt werden und ist somit eine Schlüsselvariable für die Kosteneinsparungen bei Fischfutter. Im Rahmen dieser Arbeit wurde ein hochflexibles Respirometer-System für basale Fischmetabolismusstudien und angewandte Ernährungsexperimente unter wechselnden Haltungsumwelten entwickelt. Dieses System eröffnet neue Perspektiven für die Aquakultur-Forschung, vor allem für Studien zur optimalen Futtermittelzusammensetzung.

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